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Volume 63 Number 5 | February 5, 2018

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— CANUCKS — MILITARY APPRECIATION Night



Photo by Jeff Vinnick Images/NHLI
Leading Seaman Brandi Sidoryk, a reservist with
HMCS Tecumseh, sings the national anthem during
the Vancouver Canucks Military Appreciation Night
at Rogers Arena, Jan. 30. See page 3 for the full story.



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Photo by Heather Cook



Photo by Coralie Nairn

Women can achieve anything with the navy

Peter Mallett
Staff Writer

The Canadian Armed Forces' efforts to beef up the number of women in the military was greatly enhanced by the Achieve Anything Foundation last week.

Using *HMCS Ottawa* as an enticement platform, 120 women and girls of all ages crossed the ship's bow Jan. 27 for a day sail around Vancouver's harbour and the Strait of Georgia.

For most, this was a first encounter with a Canadian warship and its crew.

Sailors were prepared for their guests with special displays laid out in the hangar and in the ship, and an itinerary of tours and spectacles to keep everyone wide-eyed and asking questions.

The air force played a role by flying a Sea King helicopter overhead as part of a search and rescue demonstration.

"Promoting the navy to future generations is very important to everyone in the defence team," said Commander Alex

Barlow, *Ottawa's* Commanding Officer. "Seeing the smiles on everyone's faces brought great pride to all of the sailors who work aboard *Ottawa*, and we are hoping those who joined us will share their experiences with friends and family."

The Achieve Anything Foundation was formed to create year-round projects and programs that inspire future female leaders in science, technology, engineering and math (STEM), and STEM-based fields such as aviation, aerospace, marine and defence. It was founded by Kirsten Brazier, an aviation professional with 25-years' experience in the commercial aviation industry as a fixed wing aircraft and helicopter pilot. The 47-year-old founded the registered non-profit in 2016, but its roots go back to 2012 with its signature event The Sky's The Limit – Girls Fly Too! The annual event, held in conjunction with various agency, industry and education partners, is expecting over 20,000 visitors in 2018.

Low numbers of women in senior management or com-

mand positions and highly skilled trades in organizations such as CAF is why she pushes for change through positive actions instead of rhetoric. She is a big believer in hands-on experience and concentrates her work on this aspect of promotion.

For the *Ottawa* day sail, she marketed it with the slogan: "Ladies come drive this ship."

"Women are a tough demographic for defence, science and technology industries to crack," she says. "If you want to get women fired up, you need to make them see there is a really awesome experience to be had on a warship."

"I don't want to hear women saying we need more women in the military or emergency services. I want to hear more men step up and, like [Chief of Defence Staff] General Jonathan Vance, say: 'We want to build a diverse team that includes more women.'"

For more information about Achieve Anything Foundation, upcoming events, or ways to support go to: www.achieveyanything.ca/



Photo by Betty Johnston



Photo by MARPAC Imaging



Photos by Jeff Vinnick, NHLI

Team Captain of the Colorado Avalanche Gabriel Landeskog (left) and Vancouver Canucks captain Henrik Sedin are joined by Brigadier General Dave Cochrane (centre) of the Royal Canadian Air Force, and members of 442 Squadron, for the ceremonial opening faceoff during Military Appreciation Night at Rogers Arena, Jan. 30.

Canucks honour military at game

Peter Mallett
Staff Writer

Necks were craned in Vancouver's Rogers Centre arena last Tuesday, as those in the stands watched Search and Rescue Technicians Sergeant Morgan Boutilier, Master Corporal Daniel Keith, MCpl Zach Holmes, and MCpl Yannik Daley rappel from the rafters to centre ice.

The aerobic spectacle was part of the Vancouver Canucks military appreciation event, which brought more than 350 military and DND civilian personnel to the venue for an evening of defence appreciation and a hockey game.

Evening play began with the Naden

Band of the Royal Canadian Navy performing both the Canadian and American national anthems, with Leading Seaman Brandi Sidoryk, a reservist from *HMCS Tecumseh*, providing the vocal accompaniment.

Taking centre ice to perform the ceremonial puck drop between the Canucks and Colorado Avalanche team captains was Brigadier General Dave Cochrane of the Royal Canadian Air Force.

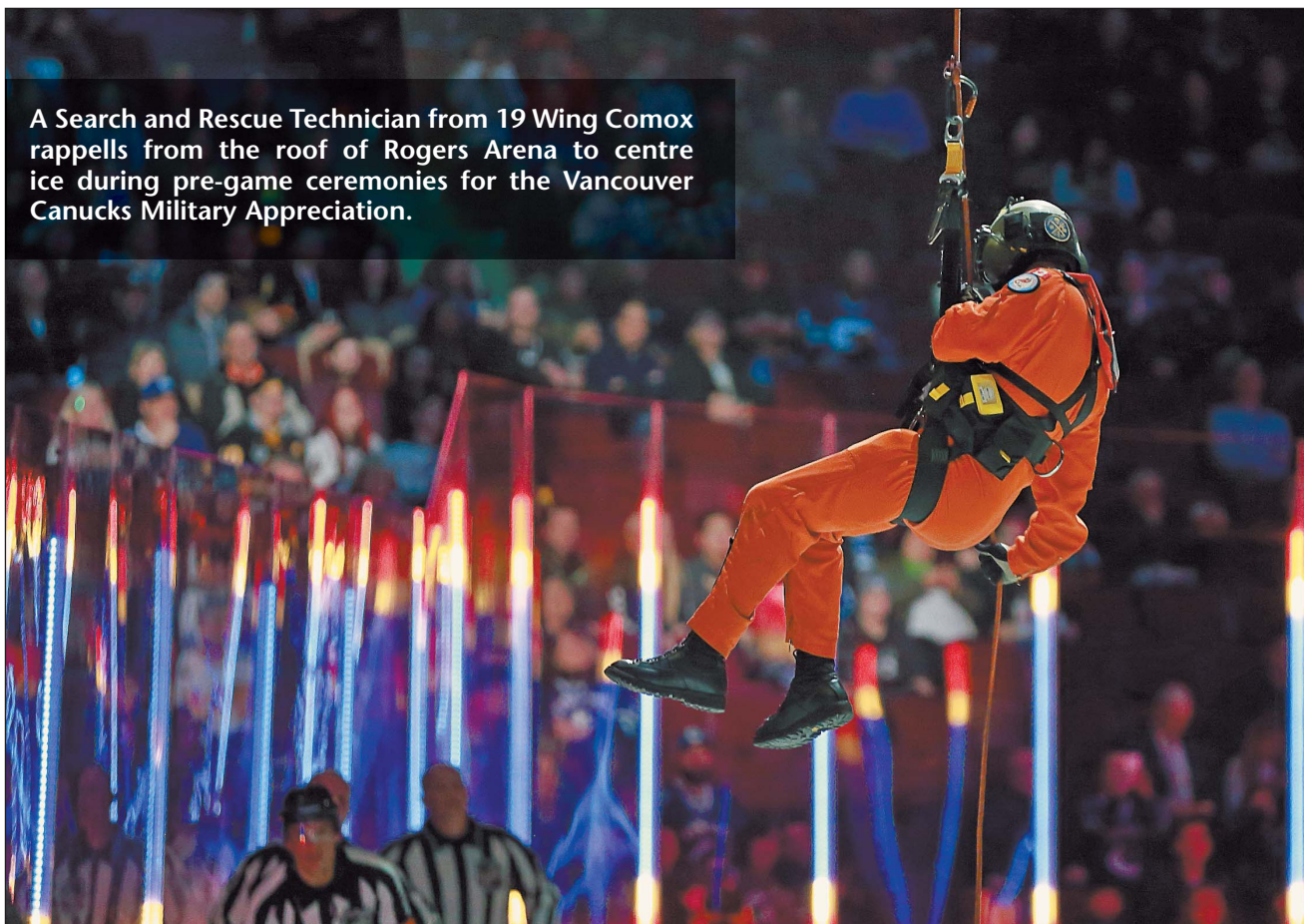
"The soldiers, sailors and aviators who attended were true hockey fans; you could tell by the smiles on their faces they really enjoyed the experience," said Lt(N) Tony Wright, a public affairs officer with Maritime Forces Pacific. "Throughout the game they did tributes to Canadian Forces

members on the big [Jumbotron] screen and fans, and many fans, came up and thanked us for our service to our country."

Following the Canucks 4-3 overtime win, Canucks players signed autographs and mingled with their DND visitors before posing for a group photograph. Canucks right-winger Brock Boeser took such interest in the post-game exchange with the guests of honour he had to be ushered off the ice and back to the dressing room by team staff.

A video on the Military Appreciation Night is available on the Canucks website at: www.nhl.com/canucks/video/canadian-armed-forces-ceremony/t-277437438/c-57173703

A Search and Rescue Technician from 19 Wing Comox rappells from the roof of Rogers Arena to centre ice during pre-game ceremonies for the Vancouver Canucks Military Appreciation.



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matters of OPINION

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Published each Monday, under the authority of
Capt(N) Jason Boyd, Base Commander.

Le LOOKOUT est publié tous les lundis, sous
l'égide du Capt(N) Jason Boyd, Commandant
de la Base.

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LOOKOUT
NEWSPAPER

Circulation - 3,800
plus 1,000 pdf downloads per week

One year subscription - \$66.⁹⁴

Six month subscription - \$33.⁴⁷

Prices include tax.

A Division of Personnel Support Programs
CFB Esquimalt, PO Box 17000 Stn. Forces,
Victoria, BC V9A 7N2

Web: www.lookoutnewspaper.com

Fax: 250-363-3015

Canadian Mail Product Sales Agreement 40063331



WHAT SAY YOU

People Talk

Lookout asked this question:

If you were given \$5,000 to donate to the charity of your choice, which charity would you choose and why?



I would choose a local charity that supports mental health programs because this is an area that is largely underfunded, and people suffering from mental health issues is something far more prevalent than many people realize.

Wade Walters,
SISIP Financial Branch Manager



I would give the money to the Canadian Cancer Society because I have many friends and family who are cancer survivors, and I know many other Canadians would also like to contribute to funding a solution to curing this terrible group of diseases.

Commander Sam Sader,
Base Logistics



I would split the money down the middle and give \$2,500 to the Heart and Stroke Foundation of Canada and \$2,500 to the Canadian Cancer Society because my mother died of cancer two years ago and my father suffered a heart attack and survived.

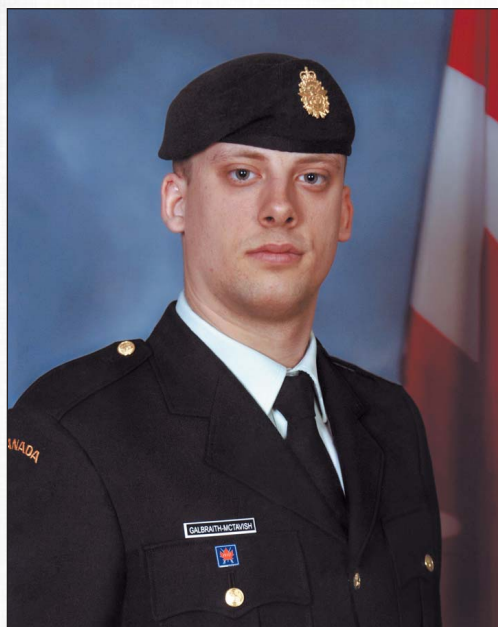
Leading Seaman Kyle Ruttan,
Base Logistics



I would donate it all to Make-A-Wish Canada because they give these children a chance to have some fun and enjoy life before the time comes when they can't have fun.

Chief Warrant Officer
Mike Hawes, Base Logistics

WHAT SAY WE



IAN ALEXANDER GALBRAITH-MCTAVISH

June 15, 1991 - January 27, 2018

It is with great sadness that the family of Able Seaman Ian Galbraith-McTavish announce his passing on 27 January, 2018 in Victoria, B.C.

Ian enrolled in the Canadian Armed Forces in 2013 as an Artillery Soldier and transferred to the Royal Canadian Navy as a Boatswain in 2017. He previously served at CFB Gagetown prior to CFB Esquimalt. A dedicated Boatswain who loved mountain climbing and being outdoors, Ian could always be counted on to help out his shipmates with kindness and understanding.

Ian will be lovingly remembered by his parents Heather Galbraith and her husband Chuck Uhl, by his father William McTavish, his siblings Chris and his wife Reese, John, Brian, and Billie McTavish, step-brothers Jacob and Jason Uhl, his nephews Colby and Rylan, and his nieces Layla and Charlie, as well as family and friends across Canada.

A military service will be held at Sands Funeral Chapel, 317 Goldstream Avenue, Colwood at 11:00 a.m. on Wednesday, 7 February, 2018 with a visitation scheduled for Tuesday, 6 February between 6-8 p.m.

The family requests that in lieu of flowers, donations be made to Our Place Society, Victoria B.C., www.ourplacesociety.com



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Photo by DND

Royal Canadian Navy personnel wave and salute as 423 Maritime Helicopter Squadron conducts its final flight with CH-124 Sea King helicopters over Halifax Harbour Jan. 26.



Photo: Corporal Anthony Laviolette, 12 Wing Imaging Services, N.S. Lieutenant-Colonel Jody Smith, Commanding Officer of 423 Maritime Helicopter Squadron, flies a CH-124 Sea King helicopter near Halifax Harbour in Nova Scotia, in preparation for the squadron's final Sea King flight.

ATLANTIC SEA KINGS MAKE LAST FLIGHT

by 423 Maritime Helicopter Squadron

RCAF Public Affairs

423 Maritime Helicopter Squadron conducted its final operational flight of CH-124 Sea King helicopters Jan. 26, with a flypast over Halifax Harbour and Shearwater, Nova Scotia.

423 MH Squadron personnel will now turn their full attention to transitioning to the CH-148 Cyclone, the Royal Canadian Air Force's new maritime helicopter.

It's not the last time that residents of the Halifax and Dartmouth area will see the venerable Sea King in flight. 443 Maritime Helicopter Squadron, located at Patricia Bay, British Columbia, will support Royal Canadian Navy operations on both coasts until the Sea King is formally retired at Patricia Bay at the end of this year. Both 443 and 423 MH Squadrons are part of 12 Wing Shearwater.

The Sea King has been in service with the Royal Canadian Navy and Royal Canadian Air Force for 55 years. The first Cyclone detachments onboard Navy ships are planned for mid-2018.



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Nomination deadlines loom FOR CAF SPORTS ACHIEVEMENT AWARDS

CFMWS

The call for nominations for the 2018 Sports Awards Ceremony will be accepted in the following categories for the 2018 CAF Sports Achievement Awards (these awards consider 2017 sports achievements only):

- Female Athlete
- Male Athlete
- Military Coach
- Official
- Team

Deadline for Command Achievement Awards Nominations for the RCN Command is Friday March 31. The PSP deadline to receive and review nominations prior to being forwarded to RCN Command is Friday March 2.

The process and forms for nominations for these awards can be found at this link: www.cafconnection.ca/cafssportsawards

and blank form Annex C.

For CAF Hall of Fame, CAF Honour Roll, and Dedication to CAF Sports Award nominations, the deadline is Friday May 4. The PSP deadline to receive and review the nominations prior to being forwarded to the CAF Sports Coordinator is Friday, April 6. Note, a member must have completed his/her sporting career to be able to be considered for the CAF Hall of Fame and CAF Honour Roll.

The Dedication to CAF Sports Award is a new category that recognizes individuals or groups who have gone above and beyond to provide time, effort and support to the promotion and development of CAF Sports. Nominees may include persons who have

served or are serving in the CAF, persons who have been employed or are currently employed as NPF Staff, civilians, or corporate sponsors.

The nomination forms for these awards can be found at this link: www.cafconnection.ca/cafssportsawards as well as the blank form Annex D for CAF Hall of Fame and CAF Honour Roll, and Annex E for Dedication to CAF Sports Awards.

For further information and/or assistance completing the nomination form contact the Formation Sports Coordinator, Ryan Elborne at Ryan.Elborne@forces.gc.ca or 250-363-4068 or Formation Sports and Athletics Assistant, MaKenzie Klepsch at makenzie.klepsch@forces.gc.ca or 250-363-4069.



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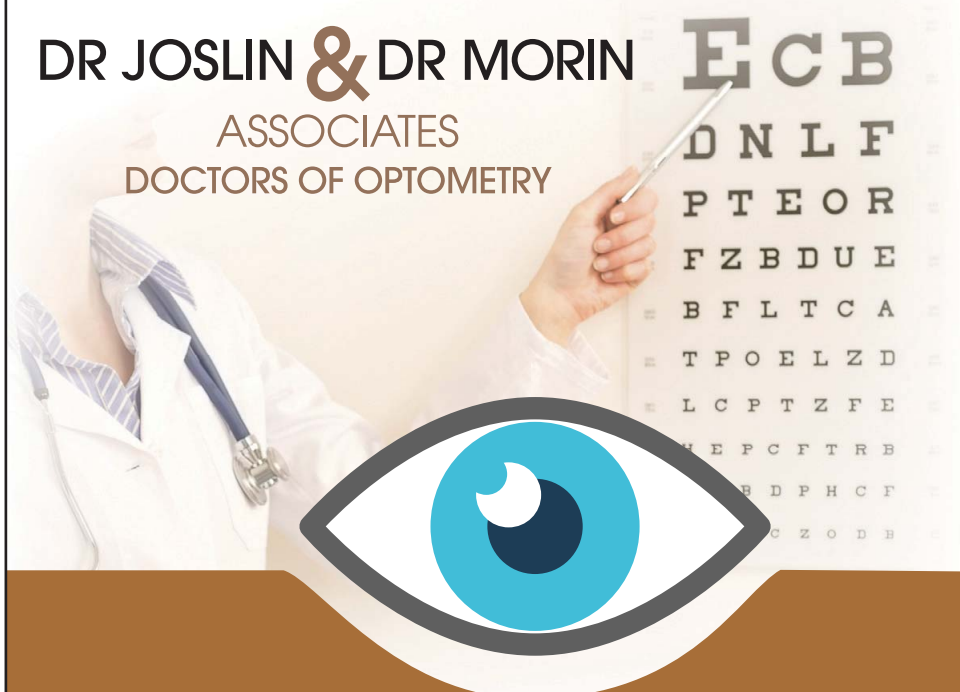
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Photos courtesy Fairchild TV

Clement Tang of Chinese-language cable specialty channel Fairchild TV (not pictured) interviews Cdr Alex Barlow, Commanding Officer of HMCS Ottawa, on the ship's bridge. The TV crew sailed aboard the frigate to get an up-close look at life in the navy.

Chinese language TV crew document navy life

Peter Mallett
Staff Writer

A TV crew has documented life on board a Canadian warship for the Chinese community.

A three-person film crew from the news program Magazine 26 set sail from Esquimalt aboard HMCS Ottawa for an overnight sail Jan. 25, reaching their final destination of Canada Place in Vancouver the next morning.

The daily news program is available on Canadian specialty cable Fairchild TV, which boasts 500,000 viewers daily and is available in both Mandarin and Cantonese languages.

"Everyone on board Ottawa was extremely helpful and accommodat-

ing to me and my crew," said Clement Tang, reporter and anchorman. "I immediately got the impression the navy takes its responsibility of informing and educating the Chinese-Canadian community about its operations and possible career paths very seriously."

To add some flare to the coverage, sailors performed two damage control demonstrations involving firefighting techniques and flood response. Then the crew went into "action stations" for a bridge warning organization, the response the ship takes to small boat attacks. The attacking small boat was simulated by the ship's RHIB.

To beef up the footage, the crew conducted firing of the 50 calibre machine gun with blank ammuni-

tion, line handling, small boat operations, high-speed maneuvering, bridge operations, navigation, seamanship briefings, and dinner in the mess.

Four Chinese-Canadian sailors were interviewed to provide a personal touch to the segment.

Lt(N) Chow, PO2 Shei, PO1 Tin and SLt Wang spoke candidly of their experiences as sailors in the Royal Canadian Navy.

Commander Alex Barlow, the ship's captain, rounded out the interviews by speaking of the humanitarian missions that make up much of the navy's work. A highlight of his military career was providing aid to Haiti after the devastating earthquake in 2010.

The film crew devoured a well-earned meal after

a day clambering up and down ladders between Ottawa's decks lugging their equipment.

Tang said his film crew had no trouble sleeping despite the cramped sleeping quarters.

"I quickly realized you burn up a lot of calories working and living on a warship, and that it's very hard work, which is not necessarily the message conveyed on television and in the movies," said Tang. "They always have to be alert and ready 24 hours a day, seven days a week."

The Magazine 26 segment on HMCS Ottawa is expected to air in early spring. For more information about Fairchild TV and Magazine 26 visit their website www.fairchildtv.com



Clement Tang interviews a sailor to get an up-close look at life in the navy.

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Earthquake and Tsunami Preparedness

BC Earthquake 101: The “Big One”

The earth’s surface is made up of different sections of crust called tectonic plates. These plates move over time and as plates collide stress builds up and is released. This release is what causes earthquakes. Every year as many as 400 earthquakes occur off B.C.’s coast, although most are small and unnoticeable.

However some are not.

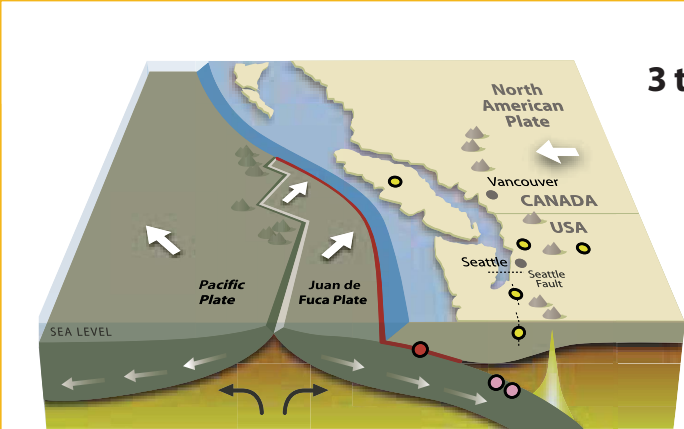
A magnitude 8.1 earthquake occurred off Haida Gwaii on Aug. 22, 1949, and is considered Canada’s largest earthquake since 1700. According to Earthquakes Canada, the shaking was so severe cows were knocked off their feet, and a geologist with the Geological Survey of Canada working on the north end of Graham Island could not stand up. Chimneys toppled, and an oil tank at Cumshewa Inlet collapsed. In Terrace, on the adjacent mainland, cars were bounced around, and standing on the street was described as “like being on the heaving deck of a ship at sea”. In Prince Rupert, windows shattered and buildings swayed.

B.C. is prone to earthquakes because the Juan de Fuca plate and North American plate meet just off the west coast of Vancouver Island. The Juan de

Fuca plate is being pushed under the North American plate at about four centimetres a year, forming the Cascadia Subduction Zone. Along this zone, these two plates are locked together and building up stress. When released earthquakes occur, such as the most recent one in January that had the potential for a tsunami.

The “Big One”, a major megathrust earthquake up to magnitude 9, is a real and constant threat, and one Vancouver Islanders should be well prepared for.

The last megathrust earthquake was on Jan. 26, 1700. It involved the Juan de Fuca Plate from mid-Vancouver Island, south along the Pacific Northwest coast, and as far as northern California. The length of the fault rupture was about 1,000 kilometres, with an average slip of 20 metres. The earthquake caused a tsunami that struck the coast of Japan and may also be linked to the Bonneville Slide and the Tseax Cone eruption in British Columbia.



3 types of earthquakes

- Crustal earthquakes
- Deep earthquakes
- Subduction zone earthquakes

Preparing your family

Learn how to prepare your family and home for a major emergency. PreparedBC is a provincial resource dedicated to helping people get ready, <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/preparedbc/prepare-your-home>. Additional resources can be obtained from the Great BC Shakeout’s website, www.shakeoutbc.ca

Topics PreparedBC covers include:

- Making Emergency kits to last 72 hours
- Making your house/apartment/condo safe for an earthquake
- How to prepare your devices so you can communicate after a disaster
- Helping prepare seniors and people with disabilities
- How to manage drinking water
- Full planning guides for emergencies

Immediate actions

During an earthquake drop, cover and hold on.

After an earthquake:

- On duty personnel: Make sure you and others around you are safe and then move to high ground or to muster points.
- Off duty personnel: Make sure you and your family and loved ones are safe and move to high ground if there is risk of a follow-on tsunami.
- When an earthquake or tsunami stops, report to your unit.
- If you cannot report to your unit, volunteer (in uniform) with your nearest municipal authority until you can report in.
- Personnel on leave or on duty outside affected areas report back to your unit if possible, if not report to the nearest military facility.



CAF Emergency Mass Notification System (EMNS)

Register here to get a direct early warning notification should an earthquake or tsunami occur:

<https://www.ermsadvantage.com/register/caf/MARPAC>

Login to your account at <https://www.ermsadvantage.com/login/caf/caf>

Step 1: Complete the online registration form.

Step 2: Inform your unit EMNS Agent Administrator to approve your new account.

If your unit does not have an EMNS Agent Administrator contact the JTFP EMNS Implementation Team below.

- EMNS Implementation Coordinator: Capt Stephan Prigione, 250-363-4739
- EMNS Implementation Assistant: A/SLt Cyrus Chan, 250-363-1864

CAF members are required to register on EMNS, and it is open to all DND civilian employees as well.



Mass Notification Siren

CFB Esquimalt has installed a Mass Notification System (MNS) which is one of the most effective methods of rapidly conveying a message to personnel. The MNS is an audible warning system consisting of a network of radio controlled public address speakers. With proper education, using the system can result in fast and efficient notification of various situations and emergencies.

Siren Locations:

There are currently five siren towers at CFB Esquimalt: two in Dockyard, one in Naden and two at Work Point.

What the Sirens mean:

The Sirens are used as an all-hazards alerting mechanism including, but not limited to, tsunami warnings.

Note: In the event of a local strong earthquake, activation of sirens may not be possible. Although attempts will be made to initiate the sirens, the earthquake itself might be the only reliable warning.

What the Sirens sound like:

There are four tones used by CFB Esquimalt. The sirens are designed to cover the CFB Esquimalt footprint of Naden, Dockyard and Work Point.

In all the circumstances below, after a warning siren has sounded, personnel are to follow the accompanying direction and then are to seek further information by all available means. The message will be in both official languages.

How are the Sirens Activated?

Once an imminent threat has been identified to CFB Esquimalt a warning alarm will be initiated by the Senior Watch Officer located in the Regional Joint Operations Centre (RJOC) or if necessary the Emergency Operations Centre.

Tsunami

The sirens will be initiated by the Senior Watch Officer (SWO) in the Regional Joint Operations Centre (RJOC) in MARPAC as required by the situation. The decision to use sirens for tsunami

warning will be hazard and risk based and made in consult with our partners.

Real-time data provides the National Tsunami Warning Center (NTWC) with quick and reliable information to determine whether an earthquake has generated a tsunami. In turn, Emergency Management British Columbia (EMBC) rebroadcasts NTWC messages and issues BC-specific tsunami messages through the Provincial Emergency Notification System. Once an imminent threat has been identified to CFB Esquimalt by the NTWC and/or EMBC, a warning alarm will be initiated by RJOC.

If you hear the WAIL TONE accompanied with the Tsunami Warning Voice Message, it is your signal to get to higher ground or move inland. Note: if you feel the earth shaking, get to higher ground immediately and do NOT wait for the tone.

Evacuation – no tsunami

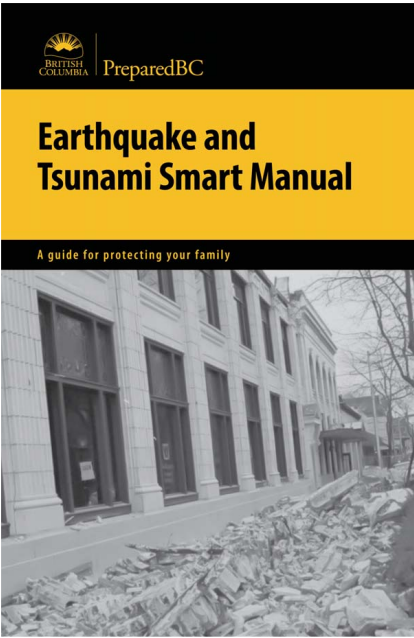
If you hear the WAIL TONE accompanied with the Evacuation Warning Voice Message, it is your signal to leave the base. Depart the base using the most expeditious means as is safe and practicable. Seek out information as to the nature of the evacuation using all available means, including local radio, social media, etc.

Shelter

If you hear the SHELTER TONE accompanied with the Shelter Voice Message, it is your signal to seek shelter indoors as quickly as possible. Seek out information as to the nature of the emergency using all available means, including local radio, social media etc. As a precaution, if asked to take shelter personnel should shut doors and windows and turn off ventilation!

Lockdown

If you hear the SHELTER TONE (shortened to 15 seconds) accompanied with the Lockdown Voice Message, it is your signal to commence lockdown procedures. Seek out information as to the nature of the emergency using all available means, including local radio, social media etc.



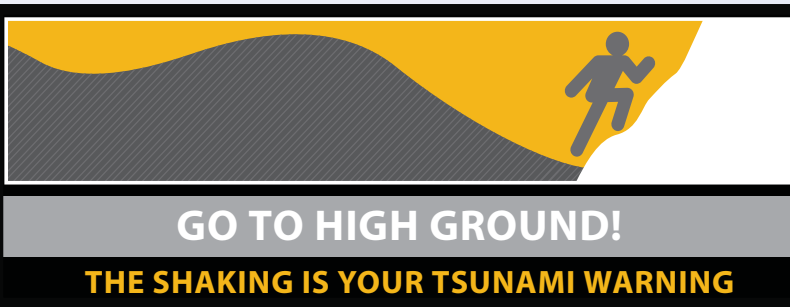
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This logo has been adopted as the tsunami hazard symbol for British Columbia.

Esquimalt/Comox

women's HOCKEY TEAM REIGNS SUPREME

AT REGIONALS

Peter Mallet
Staff Writer

They went into regional playoffs as the underdog and came out as the top regional women's hockey team.

Team B.C., a mix of female military players from CFB Esquimalt and 19 Wing Comox, hit the ice in the Col J.J. Parr Sports Centre arena in Cold Lake Jan. 29, set to challenge teams from Canadian Forces Bases Winnipeg, Edmonton and Cold Lake.

After round robin play, Team B.C. accumulated enough points to place second, pitting them against the top team from Edmonton for the final playoffs.

The game was tight and at the end of three periods the score was tied 3 – 3. It took overtime play to get the final winning goal by Avr Laura Lighthall, earning them the title 2018 CAF Canada West Regional Women's Hockey Champions.

Next on the roster is national playoffs March 4 to 9 at CFB Edmonton where they will be pitted against three other regional teams.

This is the second regional sport playoffs under the new Canada West format; basketball was the first.



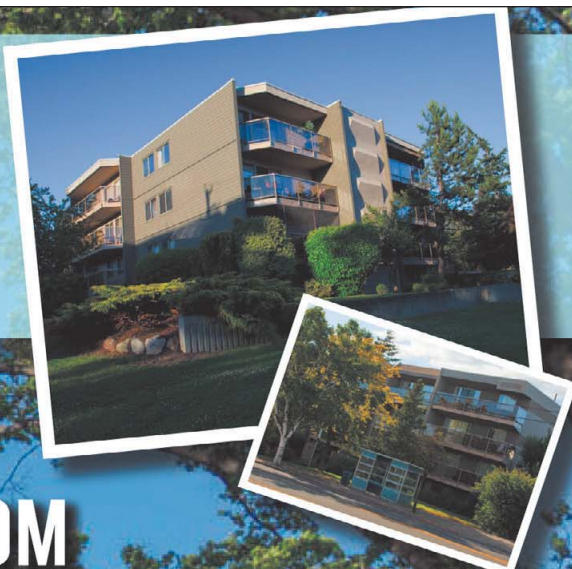
Photos courtesy Jeff Gaye, Cold Lake Courier Newspaper
Team B.C. versus Cold Lake during round robin play. Team B.C. won the game 7-3.

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Photos by Joint Task Force-Ukraine
 Captain Humberto Lopes, Chaplain
 of Joint Task Force-Ukraine, holds
 up a pair of winter boots that were
 provided to the children at the
 Home for Children #1 Orphanage
 during Operation Warm Feet Dec.
 22, 2017.



Operation Warm Feet: Winter boots for Ukrainian orphans

Maple Leaf

While Canadian Armed Forces (CAF) members deployed on Operation Unifier have the primary task of providing military training, mentoring and capacity building for the Ukrainian Armed Forces, they have also been committed to reaching out to Ukrainian communities through humanitarian projects.

"With the support of the chain of command, we have been assisting non-profit local organizations by means of voluntarily contributions, fundraising events, and by CAF members' voluntary participation in day programs designed for disadvantaged children and young adults with men-

tal disabilities," said Captain Humberto Lopes, Chaplain of Joint Task Force-Ukraine. He has led this project during the operation.

One of the new humanitarian initiatives of Operation Unifier was to offer support for Home for Children #1. This orphanage in Lviv, Ukraine, houses 55 young children full-time, ranging from two to six years of age.

After contacting the Home for Children director, it became clear that winter boots were one of the most pressing needs for the kids. That knowledge ignited the idea and initiative of Operation Warm Feet.

Op Warm Feet's goal was to provide winter boots for every child at Home for Children #1; boots are an

essential clothing item for harsh Ukrainian winters. The idea was well received by Op Unifier members, who contributed generously to the initiative.

"The contributions and fundraising initiatives were so successful that we surpassed our monetary expectations, and therefore we were also able to offer our assistance to another orphanage in Kamianets-Podilskyi looking for help to provide gloves and winter hats for 22 children," said Captain Lopes.

Perhaps the best part of Op Warm Feet was the thank you: the children hugged the troops and sang songs. Indeed this was the best part of the day, and the best gifts Op Unifier members could have received.



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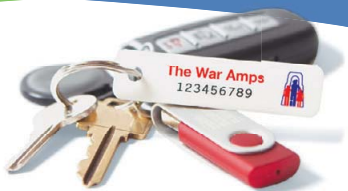
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Photo by Mona Ghiz, MARLANT PA

Treasury Board of Canada President Scott Brison and Dartmouth-Cole Harbour MP Darren Fisher were joined by members of Maritime Forces Atlantic and the Canadian Naval Memorial Trust Jan. 26 as they announced new federal funding for repairs to HMCS Sackville.

Federal funding aids Sackville repairs

Ryan Melanson
Trident Newspaper

Canada's last Flower-class corvette HMCS Sackville is set to receive extensive repairs this summer, following the Federal Government's announcement of a \$3.5 million contribution to the Canadian Naval Memorial Trust (CNMT).

The news was delivered by Treasury Board Secretary Scott Brison, on behalf of Defence Minister Harjit Sajjan, during a small ceremony at CFB Halifax's HMC Dockyard Jan. 26.

Work on the ship will mainly be completed at Fleet Maintenance Facility (FMF) Cape Scott, and the Royal Canadian Navy will be responsible for managing the contribution agreement to cover the repair costs including labour, materials and subcontracting.

Brison spoke about the importance of maintaining the ship, which served during the Battle of the Atlantic and famously engaged three German U-boats in a 24-period during the summer of 1942. Sackville was designated Canada's Naval Memorial in 1985, and is berthed next to the Maritime Museum of the Atlantic during summer months, where it hosts tours and supports different naval and community functions.

"Being able to board a ship that actually served in these battles, and now exists as a living memorial and treasured museum, is very valuable. People walk along her decks, hold artifacts in their hands, and learn about an important chapter in Canadian history," said Brison, who was joined at the jetty by Dartmouth Cole Harbour MP Darren Fisher, members of the CNMT, RADM Craig Baines, Command Maritime Forces

Atlantic, and Capt(N) Stéphane Lafond, Commanding Officer of FMF Cape Scott.

"But as a vessel commissioned in 1941, and one that served through fierce battles, she is weathered and she needs a lot of repair," he said, while crediting the work of the CNMT since 1983, along with the navy, in keeping the ship maintained and open for visitors up until this point.

"HMCS Sackville gives veterans, their families, and the rest of us a place to pay tribute to those who fought for the freedoms we enjoy today. This an investment we are proud to make," he said.

Sackville is currently at its winter berth near Jetty NC at the dockyard, but tours and visits to the ship will now be discontinued while assessments begin ahead of the repair work.

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Left to right: Lieutenant-General Pierre St-Amand, Deputy Commander North American Aerospace Defense Command; General Lori J. Robinson, Commander, NORAD and United States Northern Command (USNORTHCOM); and Lieutenant General Reynold N. Hoover, Deputy Commander USNORTHCOM, address the NORAD and USNORTHCOM Academic Symposium attendees in Colorado Springs, Colorado.

Academic Symposium in Colorado

NORAD J7 Staff

The North American Aerospace Defense Command (NORAD) and United States Northern Command (USNORTHCOM) hosted its second annual two-day Academic Symposium Dec. 4-5, 2017, in Colorado Springs, Colo.

More than 80 participants took part in the event, sponsored in conjunction with the Canadian Defence Engagement Program and the Royal Military College of Canada.

This year's attendees said they felt fortunate to have the reflections and insights of senior leaders and mentors that included the Commander of NORAD and USNORTHCOM, General Lori Robinson; the Deputy Commander of NORAD, Lieutenant General Pierre St-Amand; former NORAD & USNORTHCOM Commanders, General (Retired) Charles Jacoby and General (Retired) Gene Renuart; former Chief of Defence Staff, General (Retired) Tom Lawson; and Lieutenant General (Retired) Stuart Beare, former commander of Canadian Joint Operations Command.

The event engaged a new generation of Canadian and

American scholars to deliberate academically with their uniformed counterparts over matters such as the nuances of Canadian and U.S. defense relations, defense policy, and NORAD's functions and future transformation.

"While challenging us through the lens of academia, the academic community can help educate the public, through sessions like this, on the importance of the role that NORAD and USNORTHCOM play in the defence of North America," said LGen Reynold Hoover, deputy commander of USNORTHCOM, summarizing the day's events during an open question period involving NORAD and USNORTHCOM senior leadership.

During panel-group discussions, the symposium focused deliberations on the future evolution of NORAD, U.S. and Canadian defence policy, new national and international security threats to North America, and the tri-lateral relationship between Canada, the United States, and Mexico.

As Commodore Angus Topshee, NORAD and USNORTHCOM deputy director of strategy, policy and plans stated, "I thought that the Academic

Symposium was an excellent opportunity to interact with academics who bring a different perspective to the issues we face today. Establishing closer links with the academic community is essential to building the knowledge that we will need, inside DND/government and in the broader public, to confront the complex security situation of the 21st century."

Dr. Kathryn Fisher, associate professor of International Security Studies at the National Defense University, concluded that "to bridge the theoretical and practical application, there was great value in bringing together practitioners and researchers to discuss issues of transformation and the future evolution of NORAD."

NORAD is the bi-national Canadian and American command that provides aerospace warning, aerospace control and maritime warning for Canada and the United States. The command has three subordinate regional headquarters: the Alaskan NORAD Region at Joint Base Elmendorf-Richardson, Alaska; the Canadian NORAD Region at Canadian Forces Base Winnipeg, Manitoba; and the Continental NORAD Region at Tyndall Air Force Base, Florida.



Photos by TSgt Joe Laws, USAF, NORAD and USNORTHCOM PA

Lieutenant-General Pierre St-Amand, Deputy Commander North American Aerospace Defense Command (NORAD), addresses the NORAD and USNORTHCOM Academic Symposium attendees in Colorado Springs, Colorado.

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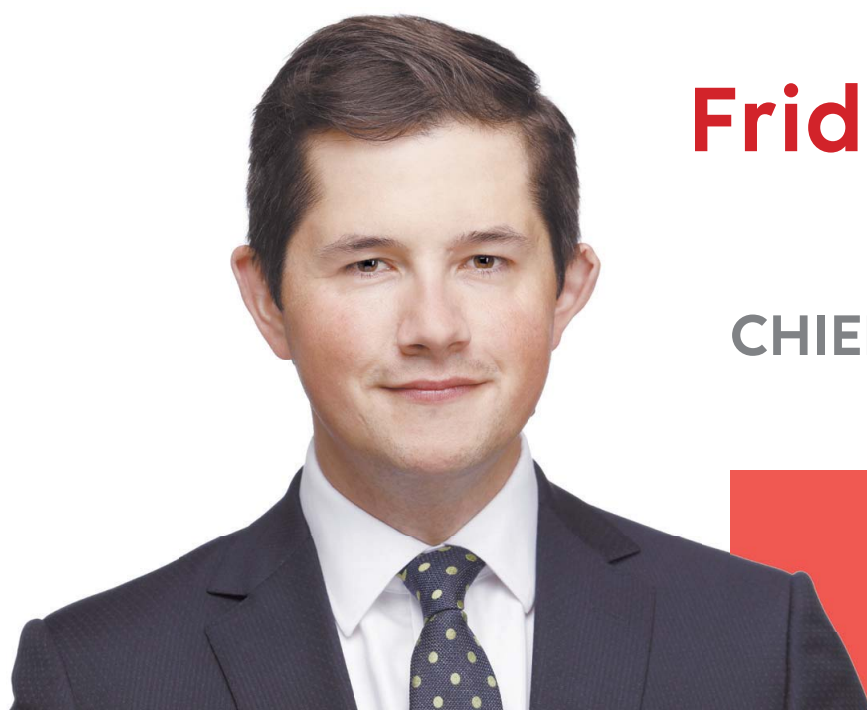
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DAVID COLETTA is CEO and a founding partner of Abacus Data, a full-service market research and public opinion research firm based in Ottawa. With almost a decade of experience in the industry, David and his partners founded Abacus 7 years ago, and since then it has grown into one of Canada's most respected market research firms.

David is also the lead researcher for Abacus Data's Canadian Millennials Practice and has advised organizations and corporations

on how to engage and manage generational change. He has spoken to groups all over North America on how his generation is disrupting work, politics, and the consumer market.

Abacus Data has provided data-based strategic advice to organizations such as NAVCANADA, the Air Canada Pilots Association, the Canadian Bankers Association, Shaw Communications, Imperial Oil, the Federation of Canadian Municipalities, Allstate Insurance, Kids Help Phone, the Canadian

Pharmacists Association, the Canadian Medical Association, the Canadian Real Estate Association, the Canadian Professional Sales Association, Food & Consumer Products of Canada, and many more.

Earning a doctorate from the University of Calgary in 2010, David is an Adjunct Professor at the Arthur Kroeger College of Public Affairs at Carleton University where he teaches courses on public affairs strategies, polling, and political marketing.



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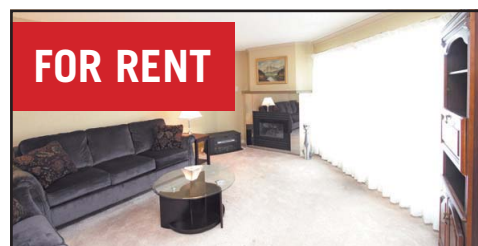
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- Brookes Westshore Campus **NEW!**
- Cambria College **NEW!**
- Camosun College
- Camosun Coastal Centre
- Q College
- Royal Roads University
- Royal Military College of Canada
- St Margaret's School **NEW!**
- Pacific Design Academy
- UVic, Division of Continuing Studies
- Victoria College of Art
- Westshore Centre for Learning and Training
- West Coast College of Massage Therapy

HEALTH AND WELLNESS

- After Action Coaching **NEW!**
- Arthritis Society
- Amyotrophic Lateral Sclerosis Society
- Amica at the Gorge
- BC Schizophrenia Society of Victoria
- BC Responsible and Problem Gambling Program
- Big Brothers and Big Sisters
- Bridges for Women Society
- Canadian Cancer Society
- dōTERRA Essential Oils
- Edgewood Health Network
- Epicure by Penny **NEW!**
- DND Employee Assistance Program
- Foster Parent Support Services **NEW!**
- Health Promotion
- Healthpartners
- Horizon Holistic **NEW!**

- Jeunesse **NEW!**
- 1UP Single Parent Resource Centre
- Island Hand Therapy Clinic
- Island Health Tobacco Prevention and Vapour Prevention & Control
- Indigenous Perspective Society
- Lifetime Networks – Support for People with Disabilities
- Mary Kay Cosmetics
- MARPAc Health and Wellness Strategy
- MedPro Respiratory Care **NEW!**
- Medi -Gas (Praxair) **NEW!**
- MFRC
- Miracle-Ear Canada **NEW!**
- MS Society
- Nature's Hair Care **NEW!**
- NexGen Hearing
- Orange Theory Fitness
- Pacific Centre Family Services **NEW!**
- Stillpoint Acupuncture
- Success by 6 BC **NEW!**
- Quit Now – BC Lung Association
- Sunshine Coast Health Centre
- Toastmaster West Coast
- Together We Can Addiction Recovery & Education
- Vancouver Island Men's Trauma Counselling Society
- VIK9 Consulting and Training
- VI Compassion Dog Society
- Victoria Animal Crusaders
- United Way

RECREATION

- Accent Inns and Hotel Zed
- BC Ferries **NEW!**
- Butchart Gardens **NEW!**
- The Spa at Delta Ocean Pointe
- Esquimalt Parks and Recreation

- Expedia Cruise Ship Centre
- Flight Centre
- Fort Street Cycle
- Hotel Grand Pacific
- IMAX Victoria
- Kgeez Cycle
- Pacific Coastal Airlines
- Ramada Vancouver
- Sandman Hotel Victoria
- Tigh-Na-Mara Seaside Spa, Resort & Conference Centre
- Olympic View Golf Course
- Union Club of BC **NEW!**
- WestJet
- The Westin Bear Mountain Golf and Resort Spa **NEW!**
- Wild Play

BASE CLUBS

- CF Sailing Association
- CF Model Rail Club

FINANCIAL

- Balanced Bookkeeping **NEW!**
- Investors Group, Darlene Oudot
- Royal Bank of Canada
- Bank of Montreal
- Coast Capital Savings
- SISIP

MILITARY

- BPSO
- (DND) Employment Equity
- BC/Yukon Command of the Royal Canadian Legion
- Regional Cadet Support Unit (Pacific)

SPORTS AND FITNESS

- Navy Run
- TC 10K
- Victoria Goddess Run
- Frontrunners

LOCAL BUSINESSES

- CANEX
- COSTCO
- Diversity Auto Film **NEW!**
- Ergotron
- GableCraft Homes
- Grand and Toy
- Barnes Harley-Davidson
- Hatley Memorial Gardens
- Hazmasters
- Hertel Meats
- Home Sold Real Estate Shelly Reed **(SPONSOR)**
- Elite Sportswear
- Legal Shield **NEW!**
- Judy Marston Resume Counselling
- Mark's Commercial
- Melting Moments Catering
- Resumé Hut
- Select Mortgages Julie Charbonneau
- Sotheby's International Realty Canada, Haley Lopez **NEW!**
- Sharkzcoins
- Staples Canada
- Tupperware Sales
- Westshore U Lock Mini Storage
- WorkLink Employment Society
- Victoria Pet Hospital **NEW!**

OUTSIDE

- Triangle RV
- Jenner Chev Olds
- Pacific Mazda

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