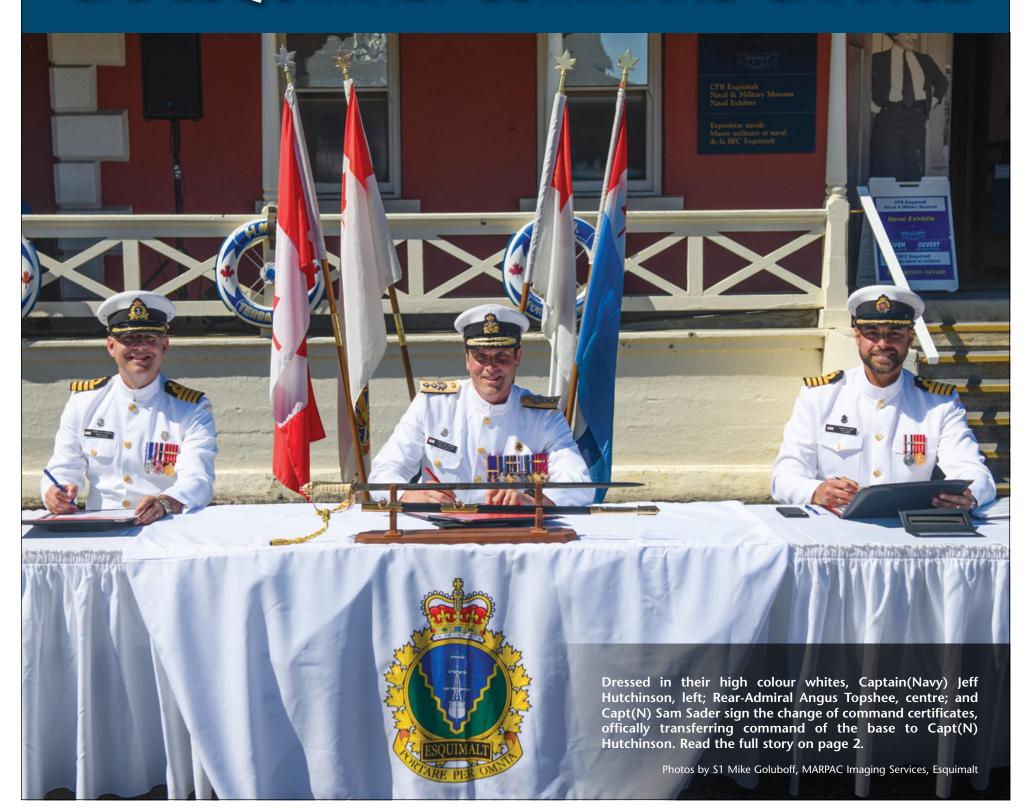


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CFB ESQUIMALT COMMAND CHANGE











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Capt(N) Jeff Hutchinson addresses the crowd gathered on museum square July 15 following the change of command of CFB Esquimalt. The speech marked his first as the new Base Commander. Photos by S1 Mike Goluboff, MARPAC Imaging Services, Esquimalt

Prestigious occasion

AS BASE CHANGES LEADERSHIP



Outgoing Base Commander, Capt(N) Sam Sader receives a gift from CPO1 Steve Wist, Base Logistics Chief.

Peter Mallett Staff Writer

Managing CFB Esquimalt is now the responsibility of Captain(Navy) Jeff Hutchinson, as he took ownership of the base on July 15.

With approximately 70 guests in attendance, Capt(N) Sam Sader transferred command to Capt(N) Hutchison with Rear-Admiral Angus Topshee presiding over the ceremony held at Museum Square. Capt(N) Sader now moves on to Ottawa as Director Operational Sustainment.

Rounding out the dignitaries were The Honourable Janet Austin, Lieutenant Governor of British Columbia; Esquimalt-Metchosin MLA Mitzi Dean; Esquimalt Mayor Barb Desjardins, and Chief Rob Thomas of the Esquimalt Nation.

First to take the podium and address the crowd, RAdm Topshee lauded Capt(N) Sader for his leadership during the COVID-19 pandemic.

"You had the ability to transform this organization so rapidly, to re-imagine all of those services, and to deliver them in the most demanding conditions possible," said RAdm Topshee. "As a former fleet commander, I can say with certainty that you came through and made sure the fleet could stay safe and complete their mission of keeping Canadians safe."

He continued on, noting several other high level achievements including the historic cleanup of industrial contamination in the harbour and the successful National Defence

Workplace Charitable Campaign, with over \$440,000 raised under less than ideal fundraising circumstances over the past two years.

The Admiral then turned to Capt(N) Hutchinson, describing him as an outstanding leader and an experienced sailor.

"Being a base commander is not just about leading a great institution, it is also about understanding the mission. I know you bring those qualities to us and I am excited to see you take command today."

As part of his priorities as Base Commander, Capt(N) Hutchinson noted everyone's obligation to respect the dignity of all persons in the defence community while citing the Government of Canada's Fundamentals of Defence Ethics. He asked for all to join with him in combatting individual biases and prejudices.

"There are no footnotes or caveats when it comes to respecting the dignity of all persons. It is a huge task to live up to; so, see if you have any caveats in your mind and work to overcome them."

Capt(N) Hutchinson concluded, declaring to all: "I have the watch."



AN UNCERTAIN START LEADS TO BASE COMMAND

Peter Mallett

Staff Writer

When the grad party died down and the high school certificate was stowed away, a young Jeff Hutchinson was left aimless.

It was the early 90s, and nothing really stood out to him as a definitive career path. So, he popped into the Halifax, Nova Scotia, Recruiting Centre, to see what was available for a young lad like himself.

The prospect of a paid post-secondary degree in history and an officer commission seemed appealing. He signed up for Navy – following in one grandfather's footsteps – and headed off to "boot camp", also known as Basic Officer Training in Chilliwack, B.C.

Thirty years have passed since he scrawled his name on the Canadian Armed Forces contract. That young fresh-faced teenage recruit is now a naval Captain and CFB Esquimalt's new Base Commander, having taken the position last Thursday in a formal change of command ceremony.

"I'd say I had the least clue about what I really wanted to do with myself after high school," says Capt(N) Hutchinson. "Notwithstanding the haphazard way I got here, I sure am happy I made those choices."

His career has been a volley of posting on either coast, with a few landings in Ottawa, such as his last one - Director Naval Strategic Management at National Defence Headquarters.

His early career sailings were in *HMC Ships Montreal*, earning his Bridge Watchkeeping Certificate; and *Halifax* for his Anti-Submarine Warfare Officer and Fleet Navigation Officer tours. He then returned to *Halifax* as Deck Officer three years later following a shore posting to the Royal Military College. The return to sea strengthened his desire to sail.

"I quickly found that I seemed to be more comfortable at sea than anywhere else and it just seemed to be my place," he says.

His advice to young sailors beginning their careers: volunteer for every deployment.

"See the world, work hard while you're young and energetic, not old and creaky like me," he jests. "Go now, have a blast, because as you get older and go along further in your career, more jobs and respon-



Capt(N) Jeff Hutchinson, Base Commander.

sibilities will pull you ashore."

In 2006 he headed west - Weapons and Combat Officer in *HMCS Vancouver*, Operations Officer for Sea Training Pacific, and then Executive Officer in *HMCS Calgary* in July 2011 and later *Algonquin* in 2012. His posting as Commanding Officer of *HMCS Winnipeg* came in 2016 where the ship deployed with *HMCS Ottawa* to the Indo Asia Pacific Region in 2017.

This week, as he sets up his office in the hub of Naden – building 5 – he takes over a base emerging from the COVID-19 pandemic and all the stress that it brought to the employees under his new watch and to himself.

The pandemic taught him to appreciate what he could accomplish under these unusual circumstances, and let go of his internal self-criticism.

"I eventually learned how to make it through each day without tearing myself to pieces. I had to prioritize better and redefine what success looked like and stop trying to be everything to everyone simultaneously."

By his side, guiding and supporting him, is wife Jin, who will also become Fleet Maintenance Facility Cape Breton's new Comptroller, and his two daughters Hayden and Scarlett.

FOR CFB ESQUIMALT COVID-19 UPDATES: LOOKOUTNEWSPAPER.COM/COVID-19









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WHO WE ARE

MANAGING EDITOR

Melissa Atkinson 250-363-3372 melissa.atkinson@forces.gc.ca

STAFF WRITER

Peter Mallett 250-363-3130 peter.mallett@forces.gc.ca

PRODUCTION

250-363-8033 Teresa Laird production@lookoutnewspaper.com

250-363-8033 Bill Cochrane workstation3@lookoutnewspaper.com

ACCOUNTS/CLASSIFIEDS/RECEPTION

250-363-3372

SALES REPRESENTATIVES

Ivan Groth 250-363-3133 ivan.groth@forces.gc.ca

Joshua Buck 250-363-8602

joshua.buck@forces.gc.ca

EDITORIAL ADVISORS

Lt(N) Michelle Scott 250-363-4006 Rodney Venis 250-363-7060

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Message from the

Acting Chief of the Defence Staff

on the fall of Panjwai, Afghanistan

Lieutenant-General Wayne Eyre Acting Chief of the Defence Staff

Many of us have been watching the reports coming out of Afghanistan with dismay. The fall of Panjwai, reported two weeks ago, has hit many of us particularly hard, and as we question our legacy, it serves as a harbinger for all Canadians who served in the country, regardless of when and where.

Panjwai District, with its place names such as Masum Ghar, Nakhonay, Sperwan Ghar, and Mushan, are indelibly etched into the collective psyche of those who served there. The heat, the dust, the grape rows, and the poppy fields all provide a backdrop to what truly troubles us - our investment of effort, of sweat, and most of all of blood.

Our Afghan experience has left none untouched, and many, including families, are scarred physically, mentally, and morally from it. Many of us have been asking, some for years, "Was it worth it?" Answers will be deeply personal, and not all have reached a final conclusion other than time will tell.

We can hold our heads high knowing that we did everything our government asked us to do. Our members served with

valour and selflessness, and were there to make a difference. The solution was never going to be a military one, and what we gave the people and the government of Afghanistan was time. The decision with what to do with that time was theirs to make.

While history will be the ultimate judge, the current trajectory of the country leaves us with much pain and doubt. After their wars, our forebears were able to visit many of the countries in which they served, such as in Europe and Korea, and put their sacrifices in context, giving them meaning when they saw hope and prosperity rise out of the rubble and ashes. At this moment in time, it is difficult to envision having similar sentiments for our war.

So where does that leave us? Should we hang our heads in bitterness and remorse, or should we continue to venerate the sacrifices of so many in our ranks and their families, to honour the noble commitment to service and making the world a better place, and endeavour to learn from our experiences, grow, and become better every day?

While none of us can speak for them, I have to believe that our Fallen would want us to pursue the latter.

If you are struggling with your experience, I ask you to reach out for help.

FOR CURRENT CAF MEMBERS AND FAMILIES:

CAF Members have access to mental health care and a range of support services provided at Canadian Forces Health Services primary care clinics across

Care is also available for those deployed. Many services are available either with or without an appointment, and there is a choice of in-person or virtual/ telephone.

Member Assistance Program (CFMAP) is a confidential advisory and referral service that is external to the CAF and available to members and their families by phone 24-hours-a-day, seven-days -a-week at 1-800-268-7708.

Spiritual guidance and support available through military chaplains.

Information on these and other medical and mental health care and support services for military members and their families may be found on the Military Mental Health "You're Not Alone" web page: https://www.canada.ca/en/ department-national-defence/services/benefits-military/militarymental-health.html

Beyond these resources – speak to a friend, family member, your supervisor, or a mental health professional - do not shoulder this burden alone. Pain shared is pain divided.

FOR VETERANS AND FAMILIES:

For Veterans as well as family members or caregivers who are struggling, VAC Assistance Service is available 24/7 (https:// www.veterans.gc.ca/eng/contact/talk-to-aprofessional). Call 1-800-268-7708 (TDD/ TYY: 1-800-567-5803) to talk to a mental health professional.

More information on counselling services, peer support and free online resources for Veterans and families can be found in the Mental health and wellness section of the Veterans Affairs Canada web site (https:// www.veterans.gc.ca/eng/health-support/ mental-health-and-wellness)







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Words from the cat lady

A Snip in Time

Joanne Kimm

It's late at night. I'm just about in a sound sleep when I hear "tick...tick... tick" on the hardwood floor. I groan inwardly knowing that tomorrow I will have to do the dreaded deed - cut my cats' nails.

Those savagely sharp claws that my beloved felines draw out in their defense, whether in play or in protection mode, must be trimmed regularly. If left to grow too long, a cat's nails can curl in on themselves and into their foot, which is very painful.

Trimming nails regularly will not only help your feline stay healthy, it may also keep your expensive furniture (and sometimes rugs) intact, as some cats choose to sharpen their claws on them. Most cats use scratch posts (or trees for outdoor cats) to stretch and scratch, but some decide the former is a better option.

One must also be careful not to cut the "quick," the pink section that connects to the skin, as it will hurt the cat and bleed.

A few years ago, I produced a "how-to" video for a business communications class assignment. I decided to demonstrate cutting a cat's nails. For the project, I came up with an acronym called PURR.

P - "Prepare" your space. Pick out a quiet room so the cat will not be easily spooked and you can concentrate.

U - "Understand" your cat. Will it mind a quick trim, or will it shred you to pieces once you start clipping?

R - "Re-assure." Speak softly to your cat. Help it to feel secure.

R - "Release." As soon as you're finished,

let your cat go. Don't prolong the agony of holding an unwilling cat too long. I have scars on my arms from the multiple occasions that I didn't take my own advice.

I started off the video with my cat Tia, who really hates getting her nails trimmed. She hates it so much that she will swat, bite, curl up her paw, and try to squirm away before I can even get the clippers close to her paw.

For the video, I had to be sneaky when I pulled out the clippers; I spoke softly to her aa I brought her into the room. When she realized what was happening, she curled up her paw and swatted me. I had to release her before she scrambled over my shoulder and down my back to freedom.

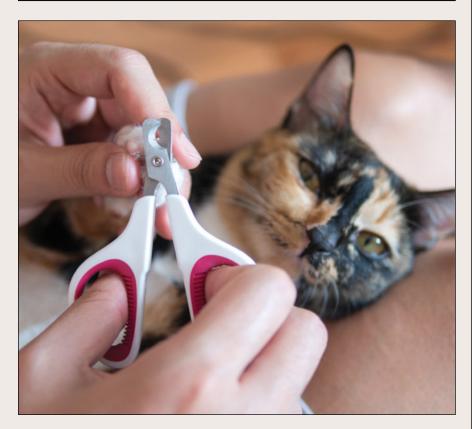
The other cats, thankfully, were more patient and allowed me to snip their claws successfully.

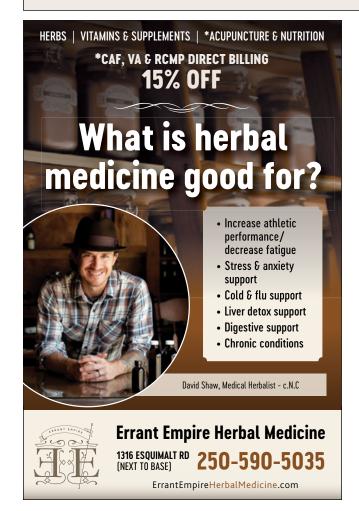
Understanding your cat and using the PURR philosophy may help you avoid what can be a stressful situation. But, if you are uncomfortable or nervous at the thought of trimming your feline's claws, then ask your vet to do it. There may be a cost involved, but it will be much less stressful and safer for everyone.



Read more from Joanne Kimm at www.exclusivelyjk.com









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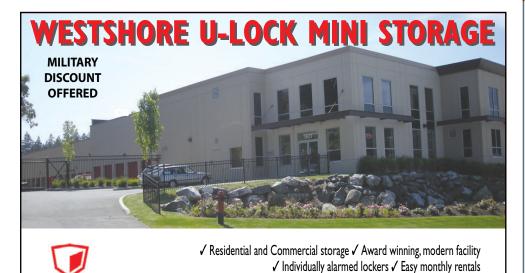
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The team from the MFRC, Jackie Carlé, Lisa Church, Debra Groves, Kathy Cook, with Gordie Dodd.



Dodd's, MFRC team up for fundraiser

Peter Mallett

Staff Writer

It was the sound of money as bottles bumped and cans clanged outside Dodd's Furniture and Mattress off Finlayson Avenue on July 11.

The store held a touchless bottle drive on behalf of the Esquimalt Military Family Resource Centre (MFRC), a gesture of support for military families. Four MFRC volunteers were on hand to accept the donated cans and bottles and place them into large industrial-sized bins provided by Bottle

Depot. "This was our first fundraising experience with Dodd's and we were so thrilled when they reached out to us," says Jackie Carlé, MFRC Executive Director. "Donors from the community streamed through the parking lot for most of the day and it was heartwarming to see the community rally to

support this cause and be so generous." By day's end, seven large bins were filled to the brim, totalling over \$1,000, plus \$120 in cash donations for the MFRC.

Carlé noted that the Esquimalt MFRC is also registered with the Bottle Depot for charitable donations at any of their locations throughout the year.

The Esquimalt MFRC is a registered charity and accepts donations from the community in support of military families. Individual donations can be made by visiting their web page: https://esquimaltmfrc.com/get-involved/



Gordie Dodd helps unload bottles and cans for the fund raiser.



I always found it gratifying to teach and see the students grasp new skills and grow as mariners and sailors."

- LCdr Michael Erwin

SEND OFF

FOR LCDR MIKE ERWIN



LCdr Mike Erwin is ceremoniously rowed ashore in a whaler.

It could be said that LCdr Michael Erwin is a renaissance man.

Cartoonist, writer, friend to Gnaval Gnome, sailor, officer, Guard Commander, and his last post before he retired July 8 -Seamanship Division Commander at Naval Fleet School Pacific.

His retirement, also his 60th birthday, marked the end of a 40-year career with the navy, where he learned, among many trades and skills, naval customs, tradition, history, and ceremonial procedures.

So it was a fitting end when he was rowed away in a Montagu Whaler boat with *Heart of Oak* echoing over the water, adeptly played by the Naden Band.

His path to the navy began while attending the University of Calgary and searching for part-time employment; circa 1980.

"I saw an ad in the school newspaper. It was about officer training programs in the Naval Reserve and it sounded very exciting."

By February 1981 he was attending basic training at Albert Head as a naval reserve recruit. A few years later, he made the full commitment to the Regular Force serving in many warships, many now decommissioned, such as HMC Ships Annapolis, Terra Nova, Miramichi, MacKenzie, Protecteur, and Algonquin.

His most enjoyable sail was in MacKenzie – 1991- when the destroyer sailed to New Zealand via Tonga and Tahiti to participate in the 50th anniversary of the Royal

From 1992 onward, he spent 16 years dedicated to naval training, splitting his time between Naval Officer Training Centre Venture, Fleet School, and the Training Squadron.

"I always found it gratifying to teach and see the students grasp new skills and grow as mariners and sailors."

At times throughout the last 40 years, the stresses of life arose, as they will, creating challenges for a healthful work-life balance. For LCdr Erwin, alleviation came with a pen, piece of paper, talent, and a lot of humour. Over the years he has created a substantial collection of cartoons, satirical jabs at the navy, military, and ordinary life.

Some of his cartoons were even published in Reader's Digest and Weekly World News.

"I like the thought that some people read my cartoons and got a laugh, and maybe that brightened their day a bit. I always found it gratifying when I'd see one of my cartoons taped up in someone's workspace."

Now that the sun has set on his military career, he and wife Karen, a former Naden Band member and professional French horn musician, are taking time to enjoy the Victoria summer.

"Initially I'm going to relax, and eventually I might go back to school," he says. "Overall, the best part of my naval career has to be working with terrific people from all across the country, and doing important work on behalf of all Canadians."

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sail into Jakarta and a flashing light communications exercise with the multi-role corvette KRI Bung Tomo.

"We greatly appreciated the opportunity to enhance our interoperability with the Indonesian Navy during our visit to Jakarta," said Commander Mark O'Donohue, Calgary's Commanding Officer. "Conducting cooperative deployments with other capable navies in the region demonstrates our ability to work together and contribute to Indo-Pacific maritime security and

While in Jakarta, on July 2, Calgary crew had a socially distanced visit with Ambassador Deidrah Kelly from the Mission of Canada to ASEAN and Ambassador Cameron MacKay with the Embassy of Canada to Indonesia and Timor-Leste. The ship's Executive Officer, Commander Megan Coates, and Ambassador Cameron MacKay held a virtual press

conference with local media. They spoke about Canada-Indonesia bilateral relations and the importance of maintaining military interoperability between nations.

"The visit of HMCS Calgary to Jakarta is a concrete demonstration of Canada's growing partnership with Indonesia, and our joint commitment to peace, security, sustainability, and prosperity at home and abroad," said Ambassador MacKay.

Upon sailing out of Indonesian waters, Calgary was met by the ocean-going tug KRI Soputan. The two ships exchanged honours before Calgary proceeded on its course to the coast of Australia where it will work with other regional partner navies on Exercise Talisman Sabre from mid-end July.



Commander Mark O'Donohue, HMCS Calgary Commanding Officer; Cdr Meghan Coates, Executive Officer; and Chief Petty Officer First Class Mark Chambers, Coxswain, stand on the ship's forecastle as Cameron MacKay, Canadian Ambassador to Indonesia and Timor-Leste; Diedrah Kelly, Canadian Ambassador to the Association of Southeast Asian Nations; Colonel Andrew Cleveland, Canadian Defence Attaché to Indonesia, the Philippines, Brunei and Timor-Leste; and two of their staff members wave farewell from the jetty as the ship was alongside in Jakarta, Indonesia, July 2.



SEAKING BECOMESGATE GUARDIAN

Maj Philip Dodge

443 Maritime Helicopter Squadron

443 Maritime Helicopter Squadron has a new guardian at the facility entrance – a beautifully preserved Sea King helicopter.

On July 7, the CH12417 Gate Guardian was dedicated by the Squadron's Commanding Officer, LCol Ryan Sexsmith, and Honourary Colonel Mike Sudul, along with the placement of a time capsule.

The time capsule will be opened on the 50th anniversary commemorating the Sea King's final flight with the Royal Canadian Air Force (RCAF), in December 2068.

The fleet of Sea Kings retired on Dec. 31, 2018, after 55 years of service to Canada, the RCAF, and the Canadian Armed Forces.

The Sea King has a storied past as one of the longest serving and operationally deployed aircraft in Canadian Armed Forces history. It has deployed around the globe in peacetime and in conflict. With this rich history in mind, 443(MH) Squadron leadership wanted to preserve and display CH12417 as a Gate Guardian, providing a fitting testament to all who pass through Arundel Castle gates, past, present, and future.

The project took flight in January 2020 with an initial meeting between the Squadron and Real Property Operations Unit (Pacific). COVID-19 and the limited space to display the helicopter offered a few challenges. RPOps and Farmer Construction Ltd worked with the Squadron to design and construct the pedestal concrete pad,

hardscape retaining wall, and subcontract the recessed LED lighting installation to illuminate CH12417 during night time hours.

Preparing the helicopter for its new role was left to the Gate Guardian team members. As the lead aircraft structures technician, MCpl Sylvain Fortier worked tirelessly to design and implement practical solutions that enhanced the display, while preserving the aircraft's security and integrity.

On June 2, with the aircraft fully prepared and the crane ready on site, fair winds proved excellent craning conditions. Under the leadership of MWO Paul MacQueen, the final Sea King "crane off" occurred and CH12417 was successfully lifted and mounted onto its final place of retirement by Squadron technicians and Farmer Construction.

A time capsule was securely displayed inside the aircraft. Cpl Shannon Clayton and Avr Mohammed Mohammed designed the artwork for the stainless steel cover, and Capt Don Leblanc assembled the various historical contents to be stored inside. These included a wine glass from the Sea King Retirement Gala, a Sea King Dark Hops IPA beer can, flight and maintenance records of 417, Squadron patches and photos, and other memorabilia. A special 12 Wing Commander Coin #117 was also placed in the time capsule.

CH12417 now has a place of honour at the entrance to 443(MH) Squadron. Its final resting place is a fitting testament to the proud legacy of the Sea Kings' service with the Royal Canadian Navy and RCAF. Indeed, no better "King for a Castle Gate Guardian."



Contents of the time capsule placed inside the helicopter.

443(MH) Squadron Gate Guardian Team Members

Maj Philip Dodge MWO Paul MacQueen Sgt Eric Duchesne MCpl Sylvain Fortier Cpl Glenn Grinyer Cpl Shawn Connolly

It should be noted that the successful completion of the project was a team effort that could not have been accomplished without the support of the following agencies:

Real Property Operations Unit (Pacific)
Farmer Construction of Victoria
Tournour Masonry Victoria
United Engineering Ltd/Harjim Industrial Services
Sidney
Thomis Electric Ltd Victoria

Highlights of CH12417 Service

- Built at the Pratt and Whitney plant in Longeuiel, Quebec.
- Delivered June 30, 1965, to the RCN as Sikorsky Serial Number 61283.
- Accepted into service Sept. 8, 1965.
- Over its entire life it amassed 17,776.1 total airframe hours.
- B Category Damage March 1971 Starboard landing gear collapse on board ship aircraft recovered ashore, repaired, and returned to service.
- Gulf War Veteran, modified to a CH124A configuration as one of six aircraft for Operation Friction in August 1990. 417 provided stellar service throughout the conflict, proving to be the most reliable of the five aircraft assigned to the Canadian Task Group. She earned the nickname "Big Bird" after the Sesame Street character as she always seemed to be "hovering around in the background.
- Painted in RCN livery in 2017 at 12 Wing Shearwater.
- Last official deployment of CH12417 occurred during Operation Lentis where she and her 443(MH) Squadron crews made a significant contribution to fighting B.C. wildfires in the summer of 2018
- Final Flight Dec. 17, 2018.

CH12417 Final Flight Crew:

Major Paul Faganello – Crew Commander Capt Rob McMullen – Co-Pilot LCol Travis Chapman – ACSO MWO Bruce Hollington – AESOp

Margaret Brooke crew receive Arctic and Offshore Patrol Ship

Joanie Veitch Trident Newspaper

The delivery of the Arctic and Offshore Patrol Ship (AOPS) Margaret Brooke on July 15 in Halifax marked an important milestone both for the Royal Canadian Navy and for the ship's crew.

"The crew of Margaret Brooke finally has a ship to call their own," said Cdr Nicole Robichaud, Margaret Brooke's Commanding Officer. "The delivery would not be possible without the dedication of the crew, who have spent the better part of the last year to 18 months training and learning about this ship."

The second AOPS of six being built through the National Shipbuilding Strategy by Irving Shipbuilding, and its delivery, was a highly anticipated event, Cdr Robichaud added.

"Not only is a new ship entering into service with the Royal Canadian Navy, but a new capability is also being introduced and Margaret Brooke will directly contribute to achieving global Canadian objectives."

Training in preparation for delivery involved the ship's company in both computer-based learning and a practical training program at various shore-based facilities, as well as on board *HMCS Harry DeWolf*, the first AOPS, said LCdr Dusty Allen, Margaret Brooke's Executive Officer.

"While this training ensures we are well postured to receive the ship, nothing can

replace the pride and ownership of having a unit to call your own," he said, commending the "incredible work ethic, enthusiasm and pride" the ship's crew have shown.

The journey to delivery day was a rough one at times, with the COVID-19 pandemic introducing numerous challenges.

"COVID has had an impact on everyone, everywhere," said Cdr Robichaud. "It has affected everything from material, parts, labour, and timelines, to training, morale, personnel requirements, and taskings."

Irving Shipbuilding, the Canadian shipbuilder and in-service support provider, put the ship through its builder trials in mid-May. Now, with the acceptance of Margaret Brooke, the ship is "one step closer to becoming part of the Fleet," said Cdr Nicole Robichaud.

"We are quite fortunate to have had *Harry DeWolf* complete its post acceptance period so that we can learn from, and improve on practices that are unique to being a new class of ship," said Cdr Robichaud. "*Harry DeWolf* has done a great job at blazing the path so that we are not learning everything from scratch."

The first of the six AOPS, *Harry DeWolf*, was delivered in August 2020. The third AOPS, Max Bernays, will be launched later in 2021.

A commissioning ceremony for Margaret Brooke is planned for October 2022, tying in with the 80th anniversary of the sinking of the SS Caribou, the steamship passenger



Margaret Brooke (hull 431) is seen alongside HMCS Max Bernays (hull 432) at Irving Shipbuilding's Halifax facility.

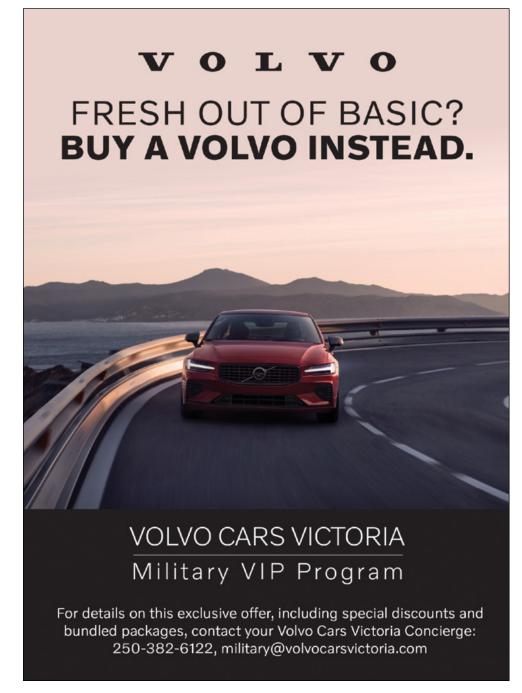
ferry that linked Newfoundland to Nova Scotia before it was torpedoed and sunk by a German submarine on Oct. 14, 1942. Nursing Sister LCdr Margaret Brooke who was on the ship and tried to save her friend, Nursing Sister S-Lt Agnes Wilkie, after the sinking. She received a Member (Military Division) of the Order of the British Empire for her efforts becoming the first Canadian woman to receive the award.

She remained a member of the navy until 1962, and was 100 years old when she died on Jan, 9, 2016. On her 100th birthday, April 10, 2015, Minister of National Defence, then Jason Kenney, conducting post-aring and trialing all a ery and equipmen ticipate in Operation of 2022," she said.

called her to tell her the second AOPS would bear her name, marking another couple of "firsts" for the former Nursing Sister — the first woman to have a Canadian warship named for her and the first time such a ship was named for a living person.

Margaret Brooke has a busy sailing schedule ahead, and will now officially be Cdr Robichaud's command at sea.

"We will be sailing for the next year, conducting post-acceptance trials, testing and trialing all aspects of the machinery and equipment, with a plan to participate in Operation Nanook in the fall of 2022" she said







HMCS MALAHAT

Victoria's Naval Reserve Division - HMCS Malahat held its annual awards and presentations in a physically- distanced ceremony. The majority of the ship's company, as well as family and friends, were able to tune in virtually to share in the accomplishments of the recipients as Malahat's Commanding Officer, Cdr Miller handed out the awards.



S3 Dalziel receives the Captain G.A.V. Thomson Trophy given to the most outstanding New Entry, based on performance, attendance, and character.



MS Lenner receives the Captain Jackson Trophy given to the most outstanding junior member (any trade) based on performance, attendance, and character.



PO2 Flagg receives the Wardroom Trophy given to the most outstanding Chief / Petty Officer, based on performance, proficiency, and leadership.



A/SLt Brown receives the Captain D. Garrard Memorial Trophy given to the most improved NCdt / A/SLt, based on performance, attendance, and proficiency.



SLt Den receives the Victoria College Trophy given to the most outstanding Junior Officer, based on performance, leadership, and proficiency.



MS Forde receives the CPO2 Burch Trophy given to the person in the unit who best promotes the image of HMCS Malahat and the Naval Reserve.



MS Toupin receives the Coxswain's Memorial Trophy given to the Junior NCM in the unit who possesses the best potential to become Coxswain of HMCS Malahat.



SLt Stephenson receives the White Twist Book Award given to an outstanding Junior Officer (A/SLt / SLt)



Lt(N) Klassen receives the Naval Association of Vancouver Island Sword given to an Officer that best exemplifies the overall leadership qualities expected of their rank.



Cdr (Retired) Barb Clerihue presents MS Huyghe with the Cdr Clerihue Scholarship given to a deserving member of HMCS Malahat's ship's company.





CHANGE OF COMMANDS



BASE INFORMATION **SERVICES**

Outgoing Commanding Officer, Commander Nicholas Manley (left); Presiding Officer, Captain (Navy) Sam Sader, then Base Commander (center); and Incoming Commanding Officer, Cdr Paul Frisby (right) sign the official Change of Command certificates during the Base Information Services Change of Command ceremony on July 8.



CHANGE OF COMMAND



HMCS WHITEHORSE

Commander Lawrence Moraal (centre), Commander Coastal Forces (Pacific); Lieutenant-Commander (LCdr) Jeffrey Chura (left), outgoing Commanding Officer HMCS Whitehorse; and LCdr Tyler Smith (right), incoming Commanding Officer HMCS Whitehorse, participate in the ceremonial signing at the HMCS Whitehorse Change of Command ceremony on July 5.

Photo by S1 Kendric C.W. Grasby, Canadian Armed Forces Photo



CHANGE OF COMMAND & APPOINTMENT

CF AMMO DEPOT ROCKY POINT



Photo by S1 Mike Goluboff, MARPAC Imaging Services, Esquimalt

Reviewing Officer, Captain (Navy) Bruce Creighton, Commander Canadian Materiel Support Group (center); Outgoing Commanding Officer, Lieutenant-Commander (LCdr) Robin Sheffield (left); and Incoming Commanding Officer, LCdr Craig Newman (right) sign the official Change of Command certificates during the Canadian Forces Ammo Depot Rocky Point Change of Command ceremony on July 3.

MILITARY POLICE UNIT ESQUIMALT



Photo by S1 Mike Goluboff, MARPAC Imaging Services, Esquimalt

Outgoing Unit Sergeant Major, Chief Petty Officer Second Class Dean Mackinnon (right); Reviewing Officer Major Roland Russell, Commanding Officer (center); and Incoming Unit Sergeant Major Master Warrant Officer John Palmer (left) sign the official Change of Appointment certificates during the Military Police Unit Esquimalt Change of Appointment ceremony on July 5.



HMCS WINNIPEG

Members of HMCS Winnipeg were presented awards and promotions.



MS Geoffrey Ashcroft receives a Bravo Zulu from Cdr Doug Layton, HMCS Winnipeg Commanding Officer.



MS Daniel Evans receives a Bravo Zulu from CPO1 Line Laurendeau, HMCS Winnipeg Coxswain.



MS Craig Langille receives a Bravo Zulu from Cdr Doug Layton, HMCS Winnipeg Commanding Officer.



MS Jamie McCurry receives a Bravo Zulu from CPO1 Line Laurendeau, HMCS Winnipeg Coxswain.



A/MS Matthew Prince is promoted to his current rank by Cdr Doug Layton and PO2 John Rielly.



MS Andre-Felix Sanfacon receives a Bravo Zulu from CPO1 Line Laurendeau, HMCS Winnipeg Coxswain.



MS Erik Stirler receives a Bravo Zulu from Cdr Doug Layton, HMCS Winnipeg Commanding Officer.



MS Dominique Tetreault receives a Bravo Zulu from CPO1 Line Laurendeau, HMCS Winnipeg Coxswain.



PO1 Daniel Connolly receives a Bravo Zulu from CPO1 Line Laurendeau, HMCS Winnipeg Coxswain.



PO1 Raymond Ferguson receives a Bravo Zulu from Cdr Doug Layton, HMCS Winnipeg Commanding Officer.



PO2 Tyler Grant receives a Bravo Zulu from Cdr Doug Layton, HMCS Winnipeg Commanding Officer.



PO2 Lucien Pelletier receives a Bravo Zulu from Cdr Doug Layton, HMCS Winnipeg Commanding Officer.



HMCS WINNIPEG

(continued from page 13)
Members of HMCS Winnipeg were presented awards and promotions.



S1 Anton Guhit is promoted to his current rank by Cdr Doug Layton and Lt(N) Warner Moczulski.



S1 Jason Houston receives a Bravo Zulu from CPO1 Line Laurendeau, HMCS Winnipeg Coxswain.



S1 Alexander Hutchinson-Harris receives a Bravo Zulu from CPO1 Line Laurendeau, HMCS Winnipeg Coxswain.



S1 Emerson Rosalez receives a Bravo Zulu from Cdr Doug Layon, HMCS Winnipeg Commanding Officer.



S1 N. Sanders is promoted to his current rank by Cdr Doug Layton and PO2 Kelly Corbett.



S2 Brandon Crawford receives a Bravo Zulu from CPO1 Line Laurendeau, HMCS Winnipeg Coxswain.



HMCS OTTAWA



PO1 Rodney Wiebe was promoted to his current rank by Cdr Sam Patchell, HMCS Ottawa Commanding Officer; Lt(N) Carl Marcoux, HMCS Ottawa Logistics Officer; and CPO2 Darrell Sparkes, HMCS Ottawa Logistics Chief. The promotion took place outside of SH516, HMCS Ottawa's Logistics Warehouse on June 29.



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REAL ESTATE FOR RENT





VOLUNTEER CALLOUT

WITS PROGRAMS FOUNDATION

The WITS Programs Foundation is looking for a volunteer who is fluent in French with a background in elementary education to edit and review French translations of materials. The WITS® group of programs bring together schools, families, and communities to help elementary school children deal with bullying and peer victimization. Please contact us at info@witsprogram.ca for

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