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LOOKOUT

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NAVAL RESERVE

National Dive Exercise

Master Sailor Gabriel Chamberlain gives a thumbs up while testing out the new Compressed Air Breathing Apparatus (CABA) Lite during a Naval Reserve dive exercise in Port Hardy on Jan. 28. Read the full story on pages 8 and 9.

Photo by Sailor First Class Valerie LeClair,
MARPAK Imaging Services



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Scottish Tartan

CREATED FOR THE NAVY

RCN PAO

A 31-year veteran of the Royal Canadian Navy (RCN) is honouring his Nova Scotia roots by helping to create the service's first tartan.

Petty Officer First Class (PO1) Norman Phee was born in Antigonish, N.S., and grew up around the Scottish lifestyle in what he calls "the highland heart of Nova Scotia" (New Scotland).

"Having the last name Phee, originally MacPhee, I have been in love with my Scottish ancestry all my life," he says.

In 2011, when Canada decided to restore the historic names of the three environmental commands of the Canadian Armed Forces (CAF), he thought the RCN should have its own tartan.

"I did some research into the traditional colours of the naval uniform, as well as what makes the RCN stand out from other navies [around the world] and branches of the CAF," he explains. "I also researched which navies from around the world have tartans. Then I talked to tartan designers for some insight into what was needed to create a tartan."

In choosing the colors and pattern, he wanted to tie the traditions of the old RCN to the new.

"While remembering the older sailors and those lost in conflicts past and present, I also wanted to ensure that any CAF member wearing the naval uniform is represented."

The five colours of the new tartan were chosen to represent different aspects of the RCN: black is its new uniform; dark blue represents the old traditional uniform; yellow is for the laurel on the cap badge; white is for the anchor on the cap badge; red symbolizes ties to the sovereign and sailors lost; and purple represents non-seagoing members who wear a naval uniform.

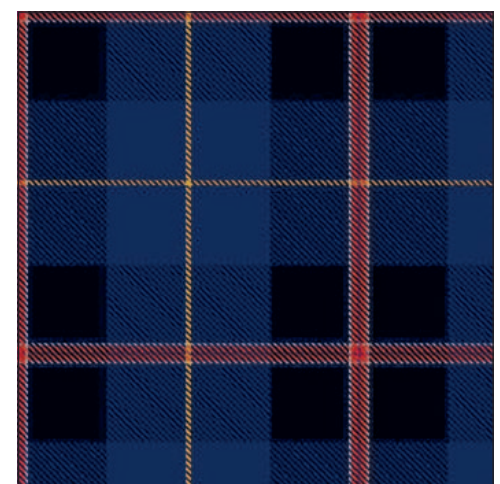
Designed by Gordon Kirkbright of GK Textiles in Burnaby, B.C., the new tartan can be worn by anyone with an affiliation to the RCN, including family members.

Currently, RCN tartan items are available for purchase at the CANEX but are not authorized to be worn with the RCN uniform. The Naval Dress Committee will discuss the matter at its next meeting this spring. Until that time, personnel can wear RCN tartan items as part of their civilian attire only.

The items can be purchased through CANEX's online platform: <http://www.canex.ca/en/catalogsearch/result/?q=tartan>



Petty Officer First Class Norman Phee with various tartan products are available for purchase at CANEX, including neckties and bow ties.



Colours of the new tartan represent different aspects of the navy. Black is its new uniform, dark blue represents the old traditional uniform, yellow is for the laurel on the cap badge, white is for the anchor on the cap badge, red symbolizes ties to the sovereign and sailors lost, and purple represents non-seagoing members who wear a naval uniform.





Plumber Zach Jilg (left) with Wade Roberts Plumbing co-owners Vengel and Wade Roberts launched their Tanks to Our Veterans initiative that gives free hot water heaters and installation to military veterans.



Affixed to each water heater given to a veteran in 2021 was a memorial plaque dedicated to the memory of fallen service member Private Chad Horn and two other fallen members.

Photo credit: Wade Roberts Plumbing

Plumbers give 'tanks' to veterans

Peter Mallett
Staff Writer

A small business from Victoria has launched a special thank-you program to acknowledge the service of military veterans.

Last fall, Wade Roberts Plumbing kicked off their "Tanks To Our Veterans" initiative that gives away water heaters and free installation to three veterans from the Greater Victoria area. Veterans can be nominated by a member of the community or enter the draw themselves anytime at waderobertsplumbing.com.

This year, the draw for three tanks will take place on Remembrance Day.

The idea for the giveaway stemmed from a conversation between husband-and-wife owners Wade and Vangel Roberts and staff members regarding veterans in need.

"Our hearts were just breaking thinking of people in our community who have lost loved ones in the fight for freedom in our nation and around the world," says Wade. "We wanted to find a way to show our respect to the veterans in our city, in memory of the fallen soldiers who never made it home."

The military community is close to his heart. He has a step-brother-in-law serving in the Royal Canadian Navy and his nephew served in the Canadian Army.

The company's finance manager Linda Cretney commented during that conversation about a television program she saw about a roofing company that gave away a roof to a veteran in their town.

"After Linda had mentioned this, we thought water heaters

are our bread and butter so we should give away a free water tank to a veteran," explains Wade.

Plumber Zach Jilg asked if they could give away three water heaters in honour of his best friend Pte Chad Horn, who was one of three Canadian soldiers killed in an ambush in Afghanistan. Cpl Mike Seggie and Cpl Andrew Grenon of Princess Patricia's Canadian Light Infantry also died in the Sept. 3, 2008, RPG attack.

"Hearing Zac's story about his personal loss inspired our whole team to pitch in, especially six of our plumbers who donated their personal time on weekends to make it happen."

Upon hearing of the idea, local water heater vendor EMCO and supplier Rheem Canada offered to donate two of the water tanks.

S1 (Retired) Brad Bowman, who retired from the military in 2007, was one of three recipients of last year's inaugural giveaway. Bowman was floored to hear from his friend Leah Mack that she had entered his name in the draw and he had won.

"What a morale booster and a great thing they are doing for veterans," says Bowman. "Since veterans aren't in uniform anymore we don't often get recognized for our service; so being recognized like this is really something special to me."

A 96-year-old Second World War veteran and a Wounded Warriors Canada member won the other two free tanks.

Pte Horn's image along with those of Cpl Seggie and Cpl Grenon are affixed to a plaque on the three water heaters. This year's giveaway will feature the faces of three other service members who died during their military service.



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BLACK HISTORY MONTH

Left: Ethelbert "Curley" Christian. Right: War Amps Director Rob Larman and Tiffany Ross, a member of the War Amps Child Amputee (CHAMP) Program, lay a rose at the grave of Ethelbert "Curley" Christian, at Toronto's Prospect Cemetery.

Canada's only surviving First World War quadruple amputee

Story courtesy The War Amps

As February marks Black History Month, The War Amps is paying tribute to Ethelbert "Curley" Christian (1883-1954), one of the Association's founding members who was believed to be the only surviving quadruple amputee of the First World War.

Christian lived in Manitoba and served with the 78th Battalion (Winnipeg Grenadiers). During the Battle of Vimy Ridge, he was wounded when heavy shelling buried him in a trench. With debris crushing all four of his limbs, he lay on the battlefield for two days before being found close to death. Two stretcher bearers were struck and killed by shells while carrying him off the battlefield, but he again survived.

Later, in a French hospital, gangrene set in and both of his arms and legs had to be amputated.

While Christian was recovering at Christie Street Veterans Hospital in Toronto, he met his future wife, Cleo MacPherson, who was a volunteer aid. MacPherson noted that it was costly for the government to keep Christian at the hospital and felt she could take care of him at home. However, it would be a full-time job that meant she would be unable to work.

The hospital director appealed to the Canadian government on the Christians' behalf, which led to the creation of the Attendance Allowance, a supplement to full-time caregivers of wounded veterans. This benefit still exists today.

Christian was also a founding member of The War Amps, an organization started more than 100 years ago by amputee veterans returning from the First World War to bring together, support, and fight the battles for amputee veterans.

It was these First World War veterans who welcomed the new contingent of amputees following the Second World War, helping them adapt to their new real-

ity and sharing all that they had learned.

Many members of The War Amps considered Christian an inspiration to all amputees and were quick to think, "If Curley can do it, then I can!"

"When you are surrounded by others who are accomplishing things, it stimulates you to try," said Christian at the time. "There are young fellows coming back [from the war] with arms or legs gone. They're diffident, bashful, frightened. You can never know the misery they suffer mentally as well as physically. At [The War Amps] that vanishes. We're all among our own kind. We boost each other mentally and we learn things physically."

Today, The War Amps continues to serve veteran amputees, and all Canadian amputees, including children. Rob Larman, a director with the Association and a leg amputee himself said, "Curley Christian continues to have a legendary status in The War Amps for how he overcame his amputations, particularly at a time when disability was very much a hidden and taboo subject."

Christian returned to Vimy in 1936 with his fellow war amputees for the unveiling of the Vimy Ridge Memorial.

He passed away in 1954, and during Toronto reporter Gregory Clark's eulogy of Christian, he said, "After the Vimy battle, Curley Christian lived 37 years a happy man, going to the races, playing gin rummy, attending meetings, speaking and standing forth for his Comrades, an inspiration to all those with lesser fates who might grieve for themselves. Curley never grieved. There was enough of him left to be a man among men."

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CANADIAN SURFACE COMBATANTS TESTING FACILITY REVEALED

Peter Mallett
Staff Writer

A testing facility for the Royal Canadian Navy's upcoming Canadian Surface Combatants is taking shape near Shearwater, N.S.

The 9000-m² Land-Based Testing Facility will accommodate approximately 120 full-time staff and help bring the 15 new warships into service and support them through their lifespan.

On Sept. 30, 2021, a \$485,000 support and design contract was awarded to PCL Construction of Dartmouth, NS, as the first phase of work on the testing facility. Work with the contractor

to determine the building's specifications will start this year, with construction slated for 2023.

The facility will be built on DND-owned land at Hartlen Point, but a precise location on the property has not been finalized as an environmental assessment is currently underway. The location will be on the coastline, allowing 130-degree live transmission over the ocean, essential for Canadian Surface Combatants testing requirements of the ships' combat systems.

The Canadian Surface Combatants is part of Canada's National Shipbuilding strategy. They will be Canada's major surface component of maritime

combat power and are being designed to serve Canada and the sailors of tomorrow well into the later half of the 21st century.

The estimated cost for acquisition of the 15 ships, which will replace the navy's frigates and destroyers, is an estimated \$60 billion. Construction on the first warship by Irving Shipbuilding is expected to begin next year.

The Government of Canada says more than 10,000 jobs will be created and maintained throughout the 25-year construction period of the ships. The Land-Based Testing Facility project is expected to sustain approximately 350 jobs in the Halifax region during its construction.



NEW! Conflict and Complaint Extended Hours Toll Free Line

DND

Enhancing responsiveness and accessibility of Conflict and Complaint Management Services (CCMS) is a priority for the Canadian Armed Forces as it strives to better serve members and invest in the culture change movement.

To this end, the Integrated Conflict and Complaint Management (ICCM) program has established a toll free line (1-833-328-3351) that will operate in both official languages coast-to-coast, five days a week between the hours of 7 a.m. and 7 p.m. EST.

This extended service will

increase accessibility to CCMS subject matter experts in real time, who have the proficiency to guide and support Defence Team members concerning all matters of workplace conflict and complaint.

CCMS locations are staffed by agents specially trained to help members unpack their concerns, identify issues appropriately, and select the best option to address them. Conflict Management practitioners are available to both leaders and personnel to help manage their workplace conflicts through a spectrum of informal options, including training, consultation, coaching, facilitation, mediation, and group processes.

Although there are 17 CCMS offices located across Canada, access can be difficult for members due to the constraints of working hours, geographic location, and/or the challenges of deployed status. By extending the contactable hours of CCMS agents via its toll free number, this initiative will aid in providing an agile and highly effective support to the Defence Team.

Additional details related to CCMS services are available on the ICCM web page: <https://www.canada.ca/en/departement-national-defence/services/benefits-military/conflict-misconduct/integrated-conflict-complaint-management/centres.html>



Please note, this is not a crisis line. If you are in an emergency, call 911.
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Security Awareness Week February 7-11

REBUILDING YOUR SECURITY CULTURE

From Home to the Office

DND

Security Awareness Week is an annual event held during the second week of February in which departments are invited to promote good security practices and to share them government-wide.

Director General Defence Security is promoting a strong security culture at all levels within the Department of National Defence (DND) and the Canadian Armed Forces (CAF) by encouraging sound security practices whether working remotely, at the office, or on operations.

Security awareness is a key element of the departmental security program under the Policy on Government Security and small daily actions can have a large impact on overall security.

For example:

- lock your screen when you leave your desk;
- use your DWAN computer exclusively for work;
- do not plug a personal USB key or personal cellphone into your DWAN computer;
- do not tape your passwords under your keyboard;
- and use social media carefully by not posting personal information (resume, social insurance number, banking information, etc.) or information on current DND/CAF operations online.

The online Security Awareness Week will include new activities and products to increase visibility by providing information on the core National Defence Security Orders and Directives elements.

These will include:

- videos interview/presentation on security issues from specialists;
- infographics;
- animation motion graphic video; and
- short articles.

To help promote security awareness at all levels, including the unit level, Unit Security Supervisors and personnel who wish to promote security in their workplace may obtain products and information from the DGDS intranet Security Toolkit. To download products, visit the Security Awareness Toolkit page - <http://intranet.mil.ca/en/health-safety-security/security-awareness-toolkit.page> (link accessible only on the National Defence network).



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THEY ALL HAVE A STORY

My conversation with Ernie Allen



Emily Lindahl
D Air Force PA

Each veteran has their own story. For some, their story can be too painful to share, too traumatic to relive. For other veterans, sharing their stories is a passion.

Flight Officer (Retired) Ernie Allen, a 100-year-old resident at the Wildpine Residence in Stittsville, Ontario, holds the story of his time in both the Royal Air Force (RAF) and the Royal Canadian Air Force (RCAF) dear, and he is more than happy to share it.

I had the opportunity to spend an afternoon with Ernie. He came armed with his RAF flight logs, which began on July 1, 1941, his first day in the air force.

Ernie was ready to share his tale of being a pilot in the RAF for the Second World War, his journey to the U.S. following the war, and the trials he experienced trying to join the RCAF for the Korean War.

His enthusiasm was evident as

he talked about the various aircrafts he flew during the Second World War; the old Hawker Hart and Audax biplanes that towed the military Hotspur gliders, the Typhoons, the Spitfires, and more. He explained the role each aircraft played in supporting allied troops and keeping the enemy at bay.

He shared how a friend from high school lost his life when the aircraft he was piloting crashed during the bombing of Berlin. With the plane on fire, the crew was instructed to bail out; however, the pilot and co-pilot went down.

When Ernie was stationed near the German border with Denmark, he learned his friend was buried nearby. He visited the local cemetery to pay his respects.

When the war was over, Ernie travelled to the United States on a converted merchant marine ship to prepare a home for his wife. They settled outside of Boston where he worked as a photographer, specializing in school photos and children's photography.

When the Korean War began,

he once again felt the need to serve. He went to enlist at a U.S. Air Force recruitment office, but was told his British citizenship meant he was not eligible. So he travelled to Ottawa and visited the headquarters of the day, a wooden building in the downtown core. When Ernie mentioned he was a pilot, they directed him to an air force recruitment station at the Chateau Laurier hotel. That meeting led to an appointment for a physical in Montreal. He was in.

His first flight as a member of the RCAF took place at Canadian Forces Base Trenton on May 23, 1951. After his training, he was stationed at RCAF Station Centralia, a training base near Exeter, Ontario. In its day, it was one of the largest training stations in Canada. This was to be his home until his final flight in February 1958.

Ernie served two countries during two international conflicts, and logged over 2,700 flying hours. He continues to take pride in his contributions. It was an honour to meet him and hear his story.



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NAVAL RESERVISTS RESUME TRAINING EXERCISE

Photos by: Sailor First Class Valerie LeClair Valerie LeClair, MARPAC Imaging Services



Sailor First Class Kevin Tong prepares to dive in the water off Port Hardy.

Master Sailor Dean Wilson and Sailor First Class Alessandra Leake exit the water on completion of diving operations during a Naval Reserve dive exercise in Comox, on Jan. 28.



Peter Mallett
Staff Writer

Port Inspection Divers from 15 naval reserve units across Canada gathered on Vancouver Island from Jan. 21 to 30 for an annual diving exercise. Forty-eight Naval Reservists travelled to dive sites in Comox, Nanaimo, and Port Hardy, B.C., to take part in Dive 2270. The annual event was missed last year due to COVID-19; but this year the group came together to perform tasks that help them maintain their dive proficiency, and to meet regenerative training requirements. They made their way to remote locations off shore via inflatable boats. Using Compressed Air Breathing Apparatus (CABA) and diving to depths of 30 metres, they performed underwater searches, surveys, and inspections, primarily for the purpose of port security. Part of this year's mission was to qualify many of these divers with the new lighter CABA equipment. It also involved testing out the navy's new Shark Marine Sonar equipment that enables divers to more easily detect underwater objects. "Things went very well and there certainly was a degree of satisfaction to me and the other organizers because we were able to mitigate a lot of obstacles to make this exercise a success," said PO1 Jacek Jaskiewicz, Regional Dive Centre (RDC) West Chief from HMCS Chippewa. He noted that several days of heavy fog hampered the team's effectiveness at reaching previously-selected dive sites further offshore. Instead, alternate dive sites closer to shore were used. Poor visibility also led to the cancellation of a helicopter exercise involving a air crew from CFB Comox. Before the exercise, naval reservists isolated for two days and underwent rapid COVID-19 testing. Rigorous cleaning and sanitizing of equipment was also required to keep participants safe. "There was a big team effort required to make this 10-day exercise a success," says PO1 Jaskiewicz. "In the end, we stayed safe and played by the rules and still managed to achieve our objectives."



Petty Officer Second Class Jack Keezer instructs Port Inspection Divers on a CABA (Compressed Air Breathing Apparatus) Lite at HMCS Quadra in Comox on Jan. 27.



Sailor First Class Alessandra Leake fills air cylinders using a portable air compressor.



Sailor First Class Mathieu Brunet on a diving exercise.

Mitchell, Ontario, sailor returns from

"The biggest adventure I've ever been on"



Lieutenant (Navy) Lisa Tubb on the bridge of HMCS Harry DeWolf while anchored in Panama City, Panama, in late November 2021 while deployed on Operation Caribe.

Photo by Jacek Syzmanski, CAF



Andy Bader

The Mitchell Advocate
www.mitchelladvocate.com

Calling it "the biggest adventure I've ever been on," Mitchell, Ontario, native Lt(N) Lisa Tubb recently returned home after circumnavigating North America with the Royal Canadian Navy.

Lt(N) Tubb, 27, was the public affairs officer attached to HMCS Harry DeWolf on its maiden voyage the final few months of 2021. It was her first deployment as she began her fourth year in Canada's military.

"I feel silly lucky," she said during a short six-day Christmas visit to parents' Jim and Faye Tubb, before returning to home base in Ottawa. "I still can't believe I did it."

Lt(N) Tubb heard whispers she may be nominated for deployment in June, and to her astonishment was chosen in late July, giving her a couple of weeks to prepare.

"It was one heckuva deployment. Everyone wanted a piece of this," she says. "This is probably one of the biggest adventures I've ever been on."

Lt(N) Tubb was one of about 80 people, including 65 crew members, who sailed in HMCS Harry

DeWolf, the first in class Arctic and Offshore Patrol Vessel (AOPV). She left Ottawa Aug. 10 and met up with the ship in Iqaluit, Nunavut, where they completed Operation Nanook, Canada's signature arctic exercise alongside Canadian and American coast guard ships.

"For me, I passed the Arctic Circle, so that was a milestone for a first-time sailor," she says.

The crew re-explored the Northwest Passage - becoming the second Royal Canadian Navy ship to transit through since 1954, visited Beechey Island, learned how to navigate through the changing northern environment, and learned how to safely get through ice fields.

For a student of history, (she has a Master's degree in Canadian history), the chance to re-trace part of the Franklin Expedition where James Franklin's failed to locate and transit the pathway from Atlantic to Pacific through Canada's ice-strewn Arctic inlets, was unbelievable.

"It's Canadian folklore at its finest," she says. "We re-traced part of their path and broke some ice, which was fantastic to experience."

"It was a really moving experience to be linked to previous generations of sailors that many were

unable to do," she adds. "Touching a piece of Canadian history was amazing."

The group also met with, and learned about Indigenous communities in Pond Inlet, Arctic Bay, Grise Fjord, Cambridge Bay, and Kugluktuk.

The ship toured the north, wrapped around Alaska, and then rested for about one month in Victoria, B.C., in early October before heading south on their second mission called Operation Caribe in the Caribbean Sea and eastern Pacific Ocean. There they assisted in counter-narcotic operations alongside the United States Coast Guard.

In total, the group seized almost 2,600 kilograms of cocaine in November, keeping the illegal contraband from entering North America. Lt(N) Tubb described it as one would picture from a movie, with air surveillance, intelligence officers, and task forces working together to catch red-handed vessels they were sure had drugs on board.

"DeWolf was able to complete something it was designed to do, so to see it come to life with people I had just met was fantastic," she said. "It was something else. It felt

like I was in a movie."

Lt(N) Tubb and the ship also sailed through the Panama Canal, completed some diplomatic work in Jamaica as well as in Norfolk, Virginia, on the U.S. east coast, before finally returning to Halifax at the end of 2021.

As a public affairs officer, she was responsible for everything coming off the ship for public consumption, including social media posts, stories, video and photos. She participated in evidence gathering and helped organize press conferences. She also helped organize tours of the ship while in the far north, something she said was a thrill, not only for her but the Indigenous people with whom they interacted.

"It was a small crew, and like anyone I stepped up to work at cleaning stations and help move contraband. I got my hands dirty like every officer on board," she says. "For my first deployment, I feel like I've seen everything now and am coming back to my home unit in Ottawa very confident."

As for the future, Lt(N) Tubb said she's looking forward to whatever happens next.

"That's the best part - you reach one goal and suddenly a new goal appears on the horizon," she says.

HMCS Harry DeWolf seen from a Rigid Hull Inflatable Boat at Crocker Bay, Nunavut, during Operation Nanook-Nunakput, Aug. 21, 2021.

Photo by Corporal Simon Arcand, Canadian Armed Forces Photo




LOST & FOUND




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Bike, Men's	1	Glasses Safety	1	Reel Fishing	1
Bike, Youth	1	Glasses, prescription	2	Ribbon, Dress	1
Cap, Ball	1	Goggles, Swim	3	Ring, Ladies	4
Case, Notepad	1	Headphones	1	Ring, Men's	4
Case, Phone, Belt	1	iPod Nano	1	Ring, Unisex	5
Chain, Medic Alert	1	Knife	1	Roller Blades	1
Chain, Unisex	2	Lock, Combination	2	Stopwatch	1
Chair, Office	1	Lures, Fishing	1	Watch, Men's	18
Charger, Phone	1	Monitor, Heart Rate	1	Wrap, Knee	1
Cord, Patch Aux	2	Music Player	4	Wrap, Lifting	2
Earphones	7	Necklace Ladies	4	Wrist wraps, weightlifter	1


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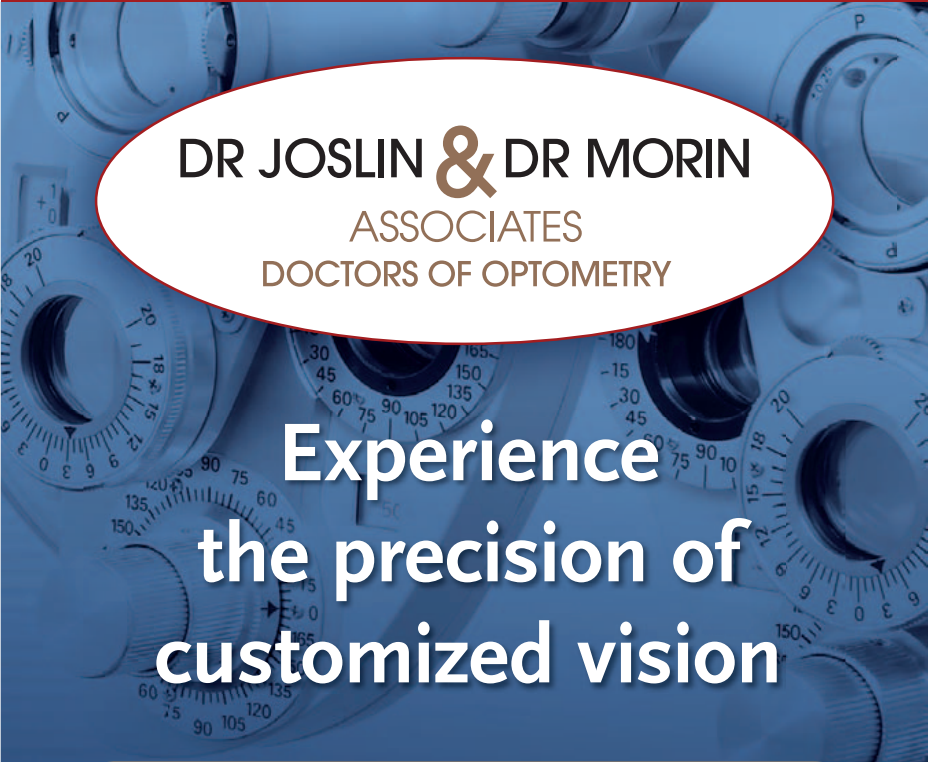
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- Need to have at least two children.

Program Requirements can be found here:
habitatvictoria.com/about-our-program

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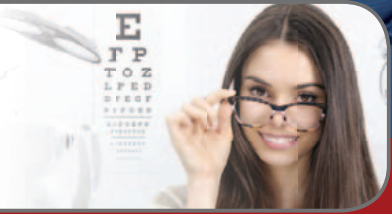


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Join the study on the health and well-being of BIPOC members

DND

A study to assess the health and well-being of Black, Indigenous, and People of Colour (BIPOC) Department of National Defence (DND) personnel, and in particular Canadian Armed Forces (CAF) members, is commencing.

Researchers would like to learn about the experiences of BIPOC CAF members, both Regular and Reserve Force, accessing and using health care services over the past seven years. Former BIPOC members of the CAF who are working at DND and who have accessed and received treatment in the past seven years are also eligible for the study.

In addition, researchers would like to determine factors related to the overall health and well-being of BIPOC CAF members. The role of intersectional factors (e.g., gender; Regular vs. Reserve Force status) will also be explored with respect to the experiences of BIPOC CAF members.

For more information on the study, please contact Dr. Donna Pickering at donna.pickering2@forces.gc.ca.



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NEW Canada School of Public Service Learning Platform

DND

The Canada School of Public Service has announced the launching of a new learning platform to replace GCcampus as of Feb. 14.

All learners currently registered for online self-paced courses or self-paced certification programs in GCcampus had to complete their in-progress learning activities before Feb. 4.

All training that is incomplete after this date will need to be restarted in the new learning platform.

Instructor-led virtual classroom courses will continue as scheduled without interruption.

New Learning Platform

The new learning platform will provide additional features that include:

- An easier login with learners able to sign in using their GC email address
- A simplified registration process for courses and events
- Access to a personalized learning space and integrated learning catalogue.

Learn more about the new learning platform by visiting the CSPS website: <https://www.cspc-efpc.gc.ca/platform/about-eng.aspx>

Have questions?

- Public service employees:
Contact RegistrationRequiredTraining@forces.gc.ca
- CAF members:
Contact CAF.REGISTRATIONREQUIREDTRAINING@FORCES.GC.CA

NOTE: The School's Client Contact Centre will not be available to respond to inquiries between Feb. 4 to 14.

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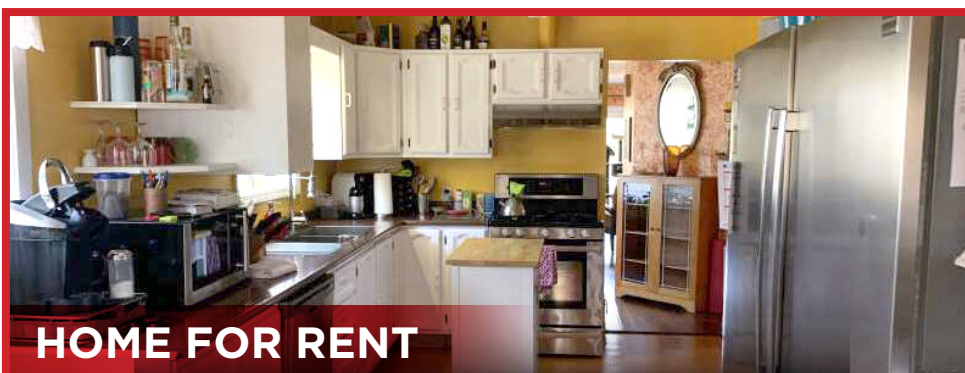
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