



From left to right: S2 Lindsay Yeung, S1 Alexandra Healy, and S3 Josephine Huberdeau, all deck department boatswains, fresh off cleaning stations. The trio are but a few of the women serving aboard Royal Canadian Navy warships on both coasts.











HMCS Vancouver prepares to deploy

HMCS Vancouver

The road to high readiness is both exciting and challenging, just ask the crew of *HMCS Vancouver*.

Vancouver just finished their Intermediate Multi-Ship Readiness Training (IMSRT) programme with Sea Training (Pacific) and went straight into exercising with the United States Navy Submarine Commander Course off the coast of Hawaii.

Throughout Readiness Training the crew was assessed by Sea Training on the full range of operational capabilities.

"It was difficult at times, but ultimately it was a hugely beneficial experience," says SLt Christopher McFarlane, bridge watchkeeper.

Vancouver's crew were tested on their ability to respond to a person overboard, search and rescue taskings, fires, and floods. Other capabilities tested included the Naval Boarding Party, the ship's towing ability, and helicopter operations.

Readiness Training concluded with a

48-hour combat scenario.

"Those final 48 hours were intense," says SLt McFarlane. "We were bringing the ship to action stations multiple times a day, trying to defend ourselves against simulated surface, subsurface, and aerial threats. Sea Training aimed to make the exercise as realistic as possible. As the ship sustained simulated battle damage, areas in the ship would be placed out of bounds – some for the entire two-day period and always requiring the crew to adjust in order to maintain effectiveness. If you became a casualty, you were stuck with your simulated injury until the end of the programme."

Despite the difficulty of the training programme, *Vancouver's* crew came out strong, impressing Sea Training with their ability to adapt and overcome challenges that were thrown their way. Ultimately, *Vancouver* got the green light for having passed its Readiness Training from the Canadian Fleet Pacific Commodore and Sea Training.

This was another step towards high

readiness status as the ship and crew prepare for an operational deployment later in the year.

The crew of *Vancouver* – or the Battle Cats as they like to call themselves after the ship's gun art - a Cougar pouncing on a Second World War U-boat- weren't about to stop training.

After successful completion of the readiness training programme, the ship went straight on to participate in the USN's Submarine Commander Course with USN submarines. The Canadian warship evaded, tracked, and engaged the submarines. The value of participating in the Submarine Commander Course was two-fold. The Battle Cats gained great experience conducting torpedo evasion and tracking submarines, and USN submarine commanders were able to enhance their own skills by training with a highly capable anti-submarine platform.

It was certainly a busy time at sea for the Battle Cats, but they lived up to their reputation: Battle Cats Don't Stop.















Unique fundraiser celebrates Indigenous peoples





A naval officer has launched a unique fundraiser that educates participants from around the world about Canadian Indigenous issues, culture, and art.

Lt(N) Kassandra O'Rourke and their wife Eleni O'Rourke founded Tortoise Tasks last year through their charitable small business Kaskata Key.

Tortoise Tasks is an initiative they set up with a portion of the proceeds going to the National Defence Workplace Charitable Campaigns at CFB Esquimalt, Canadian Forces Recruiting Centre Pacific in Vancouver, and bases nation-wide as people can participate from any community.

Once registered in the program, participants select from 215 tasks – ranging from activities, adventures, and even quests, all with an Indigenous and environmental theme.

"Tortoise Tasks can involve anything from adventure, learning, tranquility, or curiosity into Aboriginal culture and life," says Lt(N) O'Rourke. "They can range from cleaning up a public park or beach, participating in a smudging ceremony, buying rechargeable batteries, or visiting a totem pole."

The 215 tasks were chosen to honour the number of children whose remains were discovered buried at a former residential school in Kamloops, B.C.

Lt(N) O'Rourke's mother is a member of the Skatin Nations. Their biological grandmother Leona August, whom they never knew, went to a residential school and died before the age of 20. The unfolding residential school tragedy has become a watershed moment in education and understanding about Indigenous people for many Canadians, they say.

"I have a lot of friends and co-workers who express their shame for not knowing more about our [Indigenous] histories and wanting to know how they could help when it came to Indigenous issues."

Monies raised through Tortoise Tasks will support projects to establish clean drinking water on reserves, opportunities for Indigenous youth, and organizations that support people impacted by the trauma of residential schools.

Cost to take part in the fundraiser is \$10 for individuals or \$25 for a group. Everyone will be entered into a draw for a Grand Prize vacation to Tigh Na Mara Resort & Spa to be drawn on Dec. 15.

Kaskata Key has an additional fundraiser – an upcoming digital artwork collection called Turtle Island NFT (Non-Fungible Tokens). Digital artwork of Salish

Coast artists will go up for sale later this year on their website with payment made with NFTs, a new method of selling and exchanging digital artwork.

For more information on how to get involved visit https://tur-tleislandnft.squarespace.com/tasks - discount code is: NDWCC



Turtle Island NFT is an additional fundraiser by Kaskata Key in which digital artwork of Salish Coast artists will go up for sale later this year.







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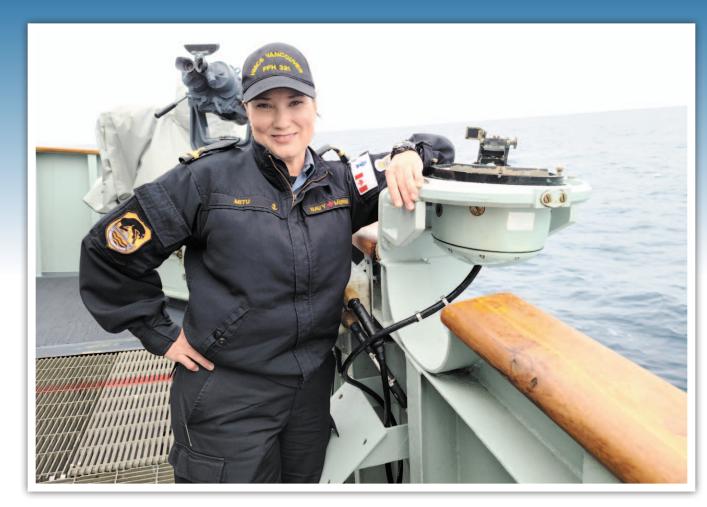
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EVER ON GUARD

ONE SAILOR'S JOURNEY IN HMCS VANCOUVER

A/SLt Simona Mitu

HMCS Vancouver

Sailing in HMCS Vancouver has been a blast.

Although I am still new to the Royal Canadian Navy (RCN) being a student at Naval Fleet School (Venture) - I was given the opportunity recently to join the ship as they sailed to Hawaii and California while I waited for my Phase IV course to start.

The first thing I noticed was just how much spirit the crew has, with their outstanding professionalism, inclusion, and resilience. Being considered one of the Battle Cats (nickname for the crew) is definitely one of the best feelings in the world.

After a lot hard work, Vancouver is on track for their upcoming deployment later this year, and I am glad to have been a part of their training.

One of the most noticeable things about being posted to a frigate is the amount of spaces on board. It is really intricate, and every nook and cranny is crucial for the good operation of the ship. Doors and hatches everywhere.

I particularly enjoyed spending time in the Machinery Control Room (MCR) learning about the engineering side of the ship. In the words of PO2 Allen Marin, the MCR is "the coolest place to hang out. This is where we drive everything, and where you get to hang out with the coolest people on Earth."

Despite the many challenges of the pandemic, and a schedule packed with some of the most difficult trials a ship can go through, the Battle Cats showed tremendous strength. It all comes from the inspiring internal culture. As the ship's Executive Officer, LCdr Arthur says, "Better every day, Vancouver. Better every day."

It is difficult to contain my excitement when I speak of all the

adventures I took part on with the ship. I can hardly believe that I helped launch a helicopter, and I took the con impromptu (driving the ship) for the first time on a frigate, during high speed maneuvers no less. I also fought simulated fires in firefighting gear.

In the RCN the responsibilities are significant, but the adventures are unlimited. No sunrise or sunset is the same. The beauty and vastness of every second spent on open water adds a fine touch to the saltiness in sailors.

Throughout the month of February, Vancouver and HMCS Calgary sailed together for our Intermediate Multi-Ship Readiness Training programme. This is a comprehensive programme led by Sea

Training Pacific to ensure a ship and crew are ready for any challenges that may come up during months-long

> Vancouver was tested for combat readiness under difficult and changing conditions by the best experts in their field, and passed hundreds of requirements successfully. We were assessed on helicopter operations, replenishments at sea, tow approaches, light line transfers, boat operations, pilotage through narrow channels, anchorages, weapons testing and firing, damage control, and responding quickly to emergencies. Everything we learn as Naval Officers in the classrooms and simulators, I had the privilege to see it happen in real time as part of an operational

I initially joined the military to prove to myself that I am strong, and that I can be stronger. In time, it became so much more. It is deeply rewarding to be in the naval service of one of the best countries in the world. I am close to finishing my Naval Warfare Officer IV training, and I am excited about what comes next. Thank you again to Team Vancouver for their support, kindness, and continuous encouragement.





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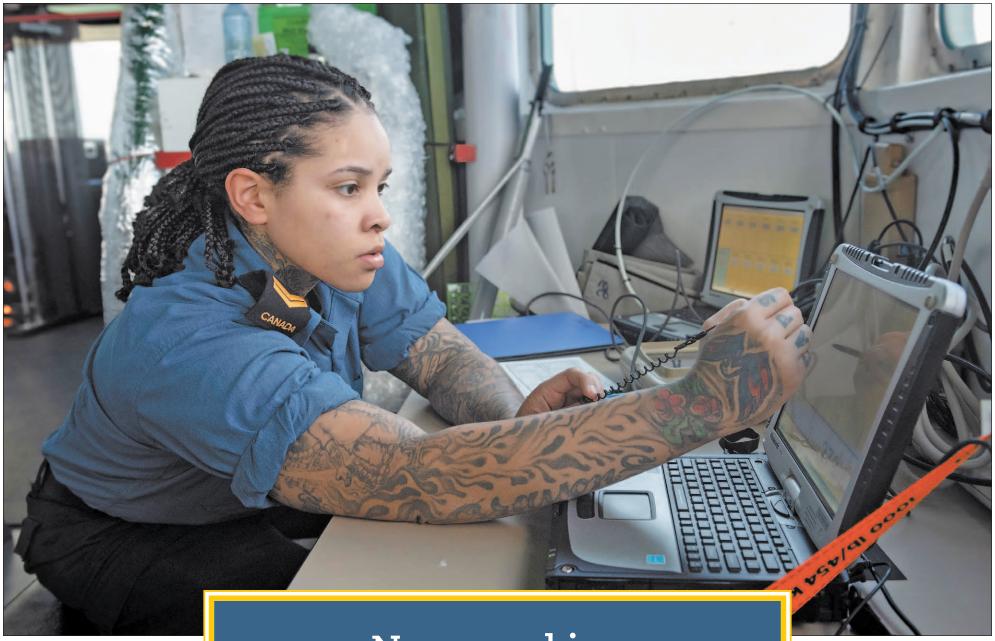
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DND

The Royal Canadian Navy (RCN) has a plan to fill the 1,000 personnel shortfall that often impacts currently serving sailors.

Leadership acknowledges the shortfall can lead to sailor burnout from maintaining a high operational tempo, training delays, and lack of consistency in worklife balance.

"Healthy, competent, qualified people are nearing or at the burnout stage. I've seen it firsthand and I get multiple phone calls and emails about it," says Chief Petty Officer First Class (CPO1) David Steeves, the RCN Command Chief Petty Officer. "It may not be in every sailor's nature, but I ask those who are truly negatively affected to please speak up when they need help."

Creative Solutions

To address these problems the RCN created Project Navy Generation in 2021, an initiative that reviews the navy's entire personnel generation system, from recruiting to various training programs.

There is also the new Digital Parade State, an in-house developed tracking software that improves how the navy matches deployment and training openings with sailor availability. The goal is to distribute the workload more evenly amongst sailors across the fleet.

Navy working to increase enrollment and examine sailor workload

Training

The navy is now prioritizing training positions over routine activities to better fill positions in the long term with fully trained personnel. For example, if the only option to fill a specific position on board a deploying ship comes at the expense of the training system, the training system will most likely be prioritized. The ship would sail without the position, although with a plan in place to mitigate the risk.

The navy is also implementing new internal guidance to allow more flexibility in different aspects of training. This new guidance emphasizes the continued need for sailors to build experience at sea; however, new options to do so are being explored. For example, those waiting for Naval Environmental Training will now have more opportunities to get to sea, and

personnel may be rotated at key junctions during a ship's deployment to give more sailors opportunities for at-sea development.

Recruitment

Recruitment is a key area that needs improvement in order to recover from the present shortages. While personnel shortages are a Canadian Armed Forces (CAF)-wide problem, it is even greater for the navy as fewer than eight per cent of CAF applicants ultimately choose a naval career.

As the navy begins to look for sailors to crew the incoming Arctic and Offshore Patrol Ships, Joint Support Ships, and Canadian Surface Combatants, the need for modernized and streamlined approaches to recruiting has become even more apparent.

"The problem is circular. By not recruiting enough members, posi-

tions aren't filled and people get overworked," says Rear Admiral Angus Topshee, Assistant Chief of the Naval Staff - Personnel and Training, and Commander Maritime Forces Pacific, who oversees Project Navy Generation. "Overworked sailors will be less likely to recommend a navy career to others. This is unfortunate as word-of-mouth has historically been our most successful recruiting method. We need to get more people in, get them trained, and then keep them in - that's essentially the answer."

Navy-specific attractions and recruitment are being prioritized through a new One Navy strategy, with increased attractions activities planned by all RCN units, and by continuing to leverage the 24 Naval Reserve Divisions across Canada.

Although evolving, this program includes changing the approach

to some kinds of community visits and activities, empowering Reserve Divisions to better promote Regular Force programs, emphasizing the ability to transfer to the Regular Force for Reservists, and investing more resources into attractions.

"The RCN is acquiring some of the world's most advanced warships and our new cross-country, Reserve Division-focused attractions and recruiting approach is going to ensure that Canadians everywhere are aware of just what an incredibly exciting time it is to join the navy," says RAdm Topshee.

As an example of the new approach to community visits, the Great Lakes Deployments will refocus on attraction activities that promote the RCN as a career of choice to a more diverse selection of potential applicants. These deployments happen nearly every fall and see RCN ships visit communities along the St. Lawrence Seaway and Great Lakes. Several other programs such as Canadian Students at Sea will also give employment seekers the chance to find out what a naval career can offer them.

"This is really a whole-of-organization, multi-faceted approach," says RAdm Topshee. "If we can make even a one per cent difference in any given area, we will, and through all of these small successes, across the navy and beyond, we are going to fix this."



Several programs such as Canadian Students at Sea will give employment seekers the chance to find out what a naval career can offer them."

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Support shown for Wounded Warriors run



Wounded Warriors Run BC (WWRBC) Support Team member Lori Timpson chats with two young fans at the Royal Canadian Legion Branch #171 in Ladysmith, B.C.



Provincial Health Officer for British Columbia, Dr. Bonnie Henry addresses the WWRBC team and guests at the Langford Legion.



(Left) Base Commander, CFB Esquimalt, Capt(N) Jeff Hutchinson, Race Director Capt Jacqueline Zweng, and Victoria Police Chief Del Manak run the final leg of the WWRBC 2022.

Support Team member Raymond Hall pays his respect at the grave of F/O George Fielding.

> **Peter Mallett** Staff Writer

7 7 ith 800 kilometres travelled by foot, the Wounded Warriors relay team took their final steps March 6 into

The moment marked the eight runners eight-day journey across Vancouver Island to raise funds and awareness for Wounded Warriors Canada, a national mental health service provider for military veterans and first responders.

Capt(N) Jeff Hutchinson, Base Commander; Chief Del Manak, Victoria Police Chief; and Saanich Deputy Chief Dean Duthie ran with them to the finish line.

"It was incredible to be able to reconnect with so many people in all of the communities we stopped in previous years," says Race Director, Captain Jacqueline Zweng. "There was even more support and encouragement than ever, I think because everyone felt the squeeze of mental health over the past two years of the pandemic and people just related that much more to what we are trying to do.'

Dr. Bonnie Henry, BC Provincial Health Officer, was one of many individuals compelled by the cause. She donned a red track suit and ran alongside the team through the streets of Langford

Runner Matt Carlson from Personnel Support Programs was most impressed with the patriotic show of support for the team when they ran past Naden. CFB Esquimalt Fire and Rescue members hoisted a giant Canadian Flag over the roadway from the top of their hook and ladder trucks with the firefighters cheering them on as they passed by alongside Military Police vehicles.

"It was pretty awesome to see base firefighters out to cheer us on and to run underneath the flag as we made our way downtown," says Carlson. "All along our route it really stuck with me the caring and understanding of everyone who decided to contribute either financially, or clapping for us as we ran through cities and towns with the key message being they will always be there for our military and first responders."

Funds were also raised this year through a new National Virtual Run where participants could map out their own routes of varying distance. The fundraising for Wounded Warriors Run BC is still ongoing but on March 8 their total had surpassed \$168,000.

This year's team of runners were: MS Steve Deschamps, Matt Carlson, Chief Paul Hurst, Sgt Steve Kowan, Marissa Morrison, Constable Maria Marcianno, Mike Bowen, and Dave Nesbitt.

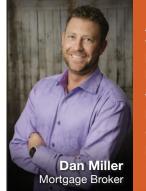
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AJAG Pacific Monthly Discipline Results



Below is a list of all Summary Trials and Court Martials held in the month of February 2022 within the Assistant Judge Advocate General (Pacific) region. A description of the charges is included. Any queries can be directed to the AJAG(P) Chief Petty Officer, CPO1 R. DeProy, Robert.deproy@ forces.gc.ca

Standing Court Martial

MS Barber from *HMCS Victoria*, charged with the following offences

Section 83: It is alleged that on 1 March 2021, at the CFB Esquimalt Wardroom, Master Sailor Barber did not wear a mask, having been told to do so.

Section 83: It is alleged that on 1 March 2021, at the CFB Esquimalt Wardroom, Master Sailor Barber did not wear a mask, having been told to do so.

Section 83: It is alleged that on 1 March 2021, at the CFB Esquimalt Wardroom, Master Sailor Barber entered and remained in a smoking area, having been told not to do so.

Section 85: It is alleged that on 1 March 2021, at the CFB Esquimalt Wardroom, Master Sailor Barber acted disrespectfully to a CPO2.

Section 129: It is alleged that on 1 March 2021, at the CFB Esquimalt Wardroom, Master Sailor Barber did not wear a mask, having been told to do so.

Section 129: It is alleged that on 1 March 2021, at the CFB Esquimalt Wardroom, Master Sailor Barber did not wear a mask, having been told to do so.

The accused entered pleas of not guilty to Charges 1 to 4. He entered pleas of guilty to Charges 5 and 6. The prosecution called no evidence on Charges 1 to 4. Charges 1 and 2 were stayed by the Military Judge. The accused was found not guilty of Charges 3 and 4. – Fined \$600

Summary Trials

S1 Fairbairn from *HMCS* Corner Brook, charged with the following offence:

Section 90: In that he, at 0800 hours, Monday 13 September 2021, without authority was absent from *HMCS Corner Brook* and remained absent until 0750 hours, Wednesday 15 September 2021 - Discharge.

S2 Twamley from NRU Astrix, charged with the following offence:

Section 129: In that he, between the 14 September 2021 and 16 September 2021, while on board MV Astrix, did harass S2 Keshon McDowald on the basis of race, contrary to DAOD 5012-0 Harassment Prevention and Resolution – Not Guilty

PO1 Ferguson from HMCS Regina, charged with the following offences:

Section 86: In that he, on or about 29 May 2021, while at sea on board *HMCS Regina*, fought with PO1 Sherk – Guilty, Reprimand

Section 129: In that he, on or about 29 May 2021, while at sea on board *HMCS Regina*, behaved with disrespect towards PO1 Sherk while in the presence of a subordinate – Guilty, Reprimand

Section 130: In that he, on or about 29 May 2021, while at sea on board *HMCS Regina*, did commit an assault upon PO1 Sherk by spitting in his face – Charges not proceeded with

S1 Kim from HMCS Calgary, charged with the following offence:

Section 124: In that he, on 19 August 2021, at sea on board *HMCS Calgary*, while acting as Magazine Yeoman, failed to ensure, as it was his duty to do, that all of the ship's ammunition magazines and lockers were inspected – Guilty, fined \$400

S3 Lee from *HMCS Calgary,* charged with the following offences:

Section 97: In that he, on the 28th January 2022, at or near Victoria, British Columbia, was drunk

Section 129: In that he on 28 January 2022, at or near Victoria, British Columbia, broke quarantine contrary to HMCS Calgary Temporary Memorandum 050-22 and failed to report this to his chain of command. – Guilty of both charges. Confined to ship for 12 days and fined

S2 Lundrigan from HMCS Calgary, charged with the following offence:

Section 90: In that he, on or about 28 January 2022 at 2339h, at the Best Western Hotel in Victoria, BC, without authority was absent from his place of duty, his hotel room, and remained absent until 2351 – Guilty, 15 days confined to ship and fined \$697.50

S1 Sauk from HMCS

Winnipeg, charged with the following offence:

Section 129: In that he, on 29 August 2021, while onboard *HMCS Winnipeg*, touched W.N's hair while asking whether this would turn her on or words to that effect – Guilty, 5 days confined to ship and fined \$400

S1 Downie from *HMCS Winnipeg*, charged with the following offences:

Section 129: In that he, on or about the 3 September 2021, on board HMCS Winnipeg while deployed at sea in the Pacific Ocean, exhibited unacceptable deportment when he sent a sexually explicit and inappropriate email to a Sailor Third Class - Guilty, 5 days confined to ship and fined \$600

Section 129: In that, on a day between 21 and 27 November 2021, on board HMCS Winnipeg while deployed at sea in the Pacific Ocean, exhibited unacceptable deportment when he stated to a Sailor Third Class "you have a nice ass" or words to that effect – Not Guilty

Explanation of Charges

Section 86 – Quarrels and Disturbances

Section 90 – Absent Without Leave

Section 97 - Drunkenness

Section 124 – Negligent Performance of a Military Duty

Section 129 – Conduct to the Prejudice of Good Order and Discipline

Section 130 - Assault

Standing Court Martial – This is where the case is heard by a military judge only (no panel/jury). Both sides are represented by military lawyers and the case proceeds much like a civilian court case.

Absolute Discharge -

If an accused person pleads guilty to or is found guilty of an offence other than an offence for which a minimum punishment is prescribed by law or an offence punishable by imprisonment for 14 years or for life the service tribunal before which the accused appears may, if it considers it to be in the accused person's best interests and not contrary to the public interest, instead of convicting the accused person, direct that they be discharged absolutely.

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Women Inspiring Women

"Who is a woman that inspires you and why?"



Ashley Evans
Strategic
Communications
Officer

My Buddhist teacher and counsellor, Nan, has been the most impactful woman in my life. Since the age of six she has been a woman and person of inspiration for me as someone who was so full of love and care for those around her. She taught non-attachment, compassion, and empathy for all, and was steadfast in her dedication to inner-peace and personal growth. She was the first person who made me feel seen, and her love and passion motivates me daily. She passed away in January, and I've found peace in knowing her love carries on through everyone she shared her heart with."



Angelina Bennetts

ELE-04; Personal Protective Equipment Expeditor

One of the women that inspires me is Betty White. Betty worked in theatre, radio, television as an actor, a model, a comedienne, and became one of the first women producers.

During the Second World War, Betty White joined the American Women's Voluntary Services, devoting her days to delivering supplies. She opposed racial injustice in the 50s and was a huge supporter and advocate of LGBTQ+2 community and lets' not forget her amazing love of animals!

Betty White paved the way for women in area's that seemed unachievable."



Hayley Walker Lagger

My Mother. She grew up in the 60s and life threw her a ton of hardship. Yet, every day she woke up and tried anyways, always had a smile on her face, and made up with people quickly no matter what. She's a great person."



Erica
Musfelt
SR-ELE-03; Marine
Industrial Worker

My inspirational woman would have to be - Glennon Doyle – American author. I find Glennon inspiring because she lives her life in real time, not the what , how, or should be of those we see on magazines or news feeds, or how generations of past society has conformed women and men to what we think we should be. She teaches us that life isn't perfect, and that's okay. She reminds us to be our authentic selves and be vulnerable. That it's okay to feel emotion and stand up for what we believe, because we are human; to succeed, to fail, to try and sometimes try again, or ask for help. She taught me success comes from growth and want and it's okay to say no as well as yes. I keep her book on my shelf and when I think I'm overwhelmed, or not good enough, I remind myself, we can do hard things."



Jing Yang
Calibration
Technologist
Electronic Lab

My Grandma is the woman I admire the most. She taught me to learn, and paint, and sing. Also, she taught me how to be a knowledgeable woman. She is an ordinary, loving woman. She has had the greatest impact on my life."



Kelly Brooks
ELE-03; Marine
Industrial Worker

I have been very fortunate in having more than one inspiring woman in my life, but if I had to choose one it would be my Nana, Violet Richards. She is one of nine children and had five children of her own, and has not only grandchildren but great grandchildren. She is 90 years young and has inspired me my whole life. I feel she is the glue that holds our family together and always sees the glass half full. She sees the good in everything and everyone. Life can throw difficult challenges at you but she has taught me to be strong, brave, kind, loving, and to always remember to be grateful for the many positive things in our lives. No matter the ups and downs on this roller coaster of life, she is always smiling and happy each and every day. I am extremely proud to be the granddaughter of such an amazing woman."





Lisa Kruk
ELE-04; Expeditor

My Mom is the woman that inspires me. She is my hero. By the time she was my age when I had my oldest (23) she was a widow with three kids under the age of seven. I don't know how she did it. But she did. We always had what we needed with much love."



Carmen
Collins
Sheet Metal Worker

"My Mother. My Mom has always been super independent and is very intelligent and self-sufficient, and I've always looked up to her."



Heather Lichtensteiger Electrician

My Grandmother. She raised six children solo and had a long, accomplished career as an Occupational Therapist. It was while vacationing with her that I decided to become an electrician. She has always been my biggest role model and inspiration."



My Mom – strongest person I know."



Jessica Dziadyk Scaler/Cleaner

I have always found Dolly Parton to be a powerful female figure, both as an entertainer, entrepreneur, and as a humanitarian. From humble beginnings, she overcame poverty and turned her life experiences and struggles into an all-consuming empire, including the Dollywood Foundation, her famous literacy program which donates just under one million books per month to children all over the world. She has also admirably worked with PETA, Red Cross, and has graced the hearts of many, most notably through her prolific singing and song writing. She is an underrated role model to many women, as she has always been authentically and unapologetically herself.

Despite not being female, truly my greatest inspiration stems from my father, a former FMF boilermaker, who passed away in 2020 from a long, courageous battle with cancer. He was relentlessly proud to see me excelling in a male-dominated workplace, and to have me not only as his daughter, but as a colleague as well. He was constantly supportive in any decisions I made, and always ensured I was being treated fairly and equally."



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Corporal John Golden receives the **Certificate of Military Achievement.**



MS Jorden Moehling receives the **Certificate of Military Achievement.**



Master Sailor Lorne Lee receives the Master Sailor Jefren Liu receives the Certificate of Military Achievement.



Certificate of Military Achievement.



Sailor Kristen Leeson receives the Certificate of Military Achievement.



Master Sailor Craig Langille receives the Certificate of Military Achievement.



Master Sailor Michael Monks receives the Certificate of Military Achievement.



Master Sailor Daniel Richard receives the Certificate of Military Achievement.



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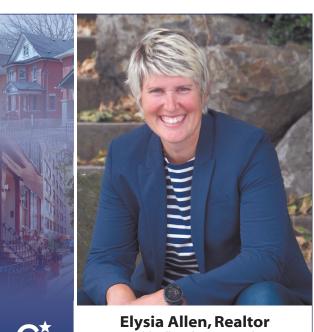


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CONTINUED: PRIMARY LEADERSHIP QUALIFICATION COURSE 0381 GRADUATION

Certificates of Military Achievement were presented by Commander Maude Ouellet-Savard, Commandant Naval Fleet School Pacific.

Photos by Sailor First Class Valerie LeClair, MARPAC Imaging Services





Master Sailor Blair Black receives the Master Sailor Jessica Silva receives the Certificate of Military Achievement. Certificate of Military Achievement.



Master Sailor Kowmein Sellathurai receives the Top Student Award.



Master Sailor April Davis receives the **Certificate of Military Achievement.**



Master Sailor Kowmein Sellathurai receives the Certificate of Military Achievement.



Master Corporal Bradley Stouffer receives the Certificate of Military Achievement.



Master Sailor Felix Sanfacon presents Corporal John Golden with the Formations Chief Petty Officer's Award.



Chief Petty Officer Second Class **Brayden Wise presents Master Sailor** Kristen Leeson with the Primary Leadership Academy Drill Trophy.

CHANGE OF APPOINTMENT FOR MARITIME PACIFIC / JOINT TASK FORCE (PACIFIC) **HEADQUARTERS UNIT CP01**



From left to right: Out-going Unit Chief, CPO1 Susan Frisby; MARPAC / JTF(P) HQ Commanding Officer, Cdr Jason Bergen; and In-Coming Unit Chief, CPO1 Jacob Underwood prepare to sign the change of appointment certificates.

promoted to MS Liska by LCdr Joseph Rotchford accompanied by PO1 Shawn Malone, all from **Naval Fleet** School Pacific.

S1 Liska was

NTDC(P) MEDALS Presented by Cdr Iain Meredith



PO1 L. Cook receives the Special MS J. Mowatt receives the Special



Service Medal with Expedition bar. Service Medal with Expedition bar.

CANADIAN FLEET PACIFIC CERTIFICATES



Upen successful completion of his NWO IV Charge Phase, A/SLt Lacey Gilley received his Orca Bridge Watchkeeping certificate from LCdr Ryan deForest, Commanding Officer **Patrol Craft Training Unit.**



Upen successful completion of his NWO IV Charge Phase, A/SLt Christina Pongetti received her Orca Bridge Watchkeeping certificate from LCdr Ryan deForest, **Commanding Officer Patrol Craft Training Unit.**



LCdr S. MacGillivray receives the Special Service Medal with Expedition bar and Operational Service Medal with Expedition bar, accompanied by his wife Samantha.



